### UTHSC School of Public Health Dietetic Internship

**Supervised Practice Rotation Packet: DIABETES CAMP**

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<th>Feature</th>
<th>Considerations</th>
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| **UTHSC Faculty Contact Information** | • Laura S. Moore MEd, RD, LD  
• Laura.s.moore@uth.tmc.edu  
• 713-500-9347 |
| **Supervised Practice Learning Objectives** | The intern will successfully complete a clinical practicum rotation at Children’s DM Camp with the following objectives:  
1. Apply knowledge of Diabetes Type 1, 2, and Gestational DM including, medications, monitoring, prevention and treatment of complications, and nutritional care recommendations in the clinical setting.  
2. Participate as a professional member of the Medical Care team at a Diabetes Summer Camp for children, contributing to the ongoing care of children and teenagers with diabetes mellitus.  
   Lions Camp (Kerrville TX, overnight camp for 1 week)  
   http://www.lionscamp.com/default.htm  
   Apply as a Medical Staff. You will need to submit references and a background check because you will be working with children. (Diabetes) Med-Staff Application  
   Camp Rainbow: Day Camp at Circle Lake Retreat in Pinehurst, Texas near Tomball  
   www.diabetes.org/adacamprainbow  
   Both camps have a Mandatory Orientation Session that must be attended in order to volunteer as a Med Staff and the Camps will set the dates for the required Orientation.  
3. Interview, assess, formulate care plans, counsel, provide nutrition education, and document nutritional care for patients/clients under the supervision of a health care professional trained and experienced in diabetes mellitus management.  
4. Design, implement and evaluate age appropriate nutrition education sessions related to diabetes management utilizing current nutrition knowledge and resources.  
5. Attend health care team conferences with the health care team members and participate in patient/camper discussions as appropriate. |
| **Competencies** | Commission on Accreditation of Dietetic Education Competencies:  
• CRD 1.1. Select indicators of program quality and/or customer service and measure achievement of objectives  
• CRD 2.1. Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice Framework and Code of Ethics for the Profession of Dietetics  
• CRD 2.2. Demonstrate professional writing skills in preparing professional communications (e.g. research manuscripts, project proposals, education materials, policies and procedures)  
• CRD 2.3. Design, implement and evaluate presentations considering life experiences, cultural diversity and educational background of the target audience  
• CRD 2.4. Use effective education and counseling skills to facilitate behavior change  
• CRD 2.5. Demonstrate active participation, teamwork and contributions in group settings  
• CRD 2.7. Refer clients and patients to other professionals and services when needs are beyond individual scope of practice  
• CRD 2.8. Apply leadership principles effectively to achieve desired outcomes  
• CRD 2.9. Serve in professional and community organizations  
• CRD 2.10. Establish collaborative with other health professionals and support personnel to deliver effective nutrition services  
• CRD 2.11. Demonstrate professional attributes such as advocacy, customer focus, risk taking, critical thinking, flexibility, time management, work prioritization and work ethic within various organizational cultures  
• CRD 2.13. Demonstrate negotiation skills |
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<tr>
<th>Course Expectations</th>
<th>Prerequisites and/or Technical Requirements</th>
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<tr>
<td>• CRD 3.2. Demonstrate effective communications skills for clinical and customer services in a variety of formats</td>
<td>• Successfully pass pre-requisite Diabetes Seminar course.</td>
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<td>• CRD 5.1. Apply principles learned in core public health and DI courses to the multidisciplinary application of public health nutrition</td>
<td>• Register as a Healthcare Volunteer for DM Children’s Camp.</td>
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<tr>
<td>• CRD 5.2. Evaluate emerging public health research and develop evidence based solutions to current public health issues</td>
<td>• Attend mandatory Healthcare Volunteer Training prior to camp conducted by the physician in charge of DM care for children attending camp.</td>
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<td>• Develop an educational game to be implemented during rotation at DM Children’s Camp. Have game approved by Ms. Moore and rotation preceptor prior to implementation with children.</td>
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<td>• Successfully pass pre-requisite Diabetes Seminar course.</td>
<td>• Prior undergraduate course in Medical Nutrition Therapy (or at least 1 year clinical experience in hospital patient care), completion of Diabetes Seminar with 80% on final exam and case studies, and approval of instructor.</td>
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<td>• Register as a Healthcare Volunteer for DM Children’s Camp.</td>
<td>• Use of Blackboard Discussion.</td>
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<td>Supervised Practice Hours</td>
<td>Minimum of 40 hours toward 1271 hour supervised practice total.</td>
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Summer 2012 Practicum Camp Team Exercise – Diabetes and Nutrition Education

As a team, complete a fun, educational, age-appropriate game that can be used during camp with the group of children you are assigned. Review your ideas with your supervisors at the camp and obtain approval to proceed with development of educational game.

Email outline of educational game to Ms. Moore prior to implementation at camp.

Turn in completed game to your Camp Supervisor EARLY and obtain approval as well as time to conduct game with the children. If game as planned will not be conducted at camp, request alternative educational session that can be conducted.

Have your preceptor complete an evaluation of your Game and Session with Kids.

Summer Diabetes Camp Rotation Nutrition Educational Game

4 POINTS

Intern(s) __________________________________________________________

Date __________________ Facility ___________________________________________

SCORE

Learning Objectives: (1 point) (Typed and submitted to Preceptor and Dr. Hedberg)
1. State the target audience
2. State what behaviors you want to change
3. Use Creative, Safe, Age-appropriate Guidelines

Materials: (0.5 point)
1. Materials you need to present the game
2. Resources and/or references used
3. Use of colors, shapes

Presentation: (2 points) (REQUIRES THAT GAME /EDUCA SESSION BE IMPLEMENTED AT CAMP)
1. Introduction (1 point)
   a. State your name, title
   b. Clearly state topic
   c. Gain attention of audience
2. Presentation (1 point)
   a. Make points clearly
   b. Organize in a logical sequence
   c. Keep children engaged
   d. Involve all of the group

Evaluation: (0.5 point) (REQUIRES THAT GAME /EDUCA SESSION BE IMPLEMENTED AT CAMP)
1. Utilization of input from Camp Supervisor
2. Evaluation of Children’s Understanding of concepts presented

TOTAL POINTS

Preceptor Signature ___________________________ Date Activity Observed ___________________________

Printed Preceptor Name ___________________________ Title ___________________________

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