

PFC Robert Hernandez Middle School Water Bottle Filler

Project Goals

- Increase water consumption and access for students.
- Increase awareness of the vital role water plays in your body.
- Increase awareness of how dehydration can have adverse effects on a young, growing body.
- Provide equitable access to the water fountain and promote carrying water throughout the day.

Lessons Learned

- Teach students basic etiquette rules when they are faced with using something new.
- Many of our students are mildly dehydrated on a daily basis.
- Getting the water bottle filler installed and knowing who to ask to get it properly installed was tricky.
- Poster contests need to be advertised more effectively before the lesson is given for increased participation.

How To Replicate/Sustain

- Hand out water bottles every year to the incoming 6th grade class.
- Teach lesson on the importance of water every year as a part of a balanced, healthy lifestyle.
- Include a component on the importance of water with the Health classes and have them create a product on the importance of water.
- The campus principal was inspired by the water bottle filler and is finding resources to have another one installed on campus.

Contact Information

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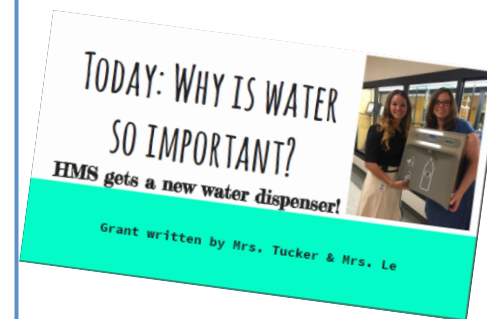
MICHAEL & SUSAN DELL
COMMUNITY COLLABORATIVE
for CHILD HEALTH



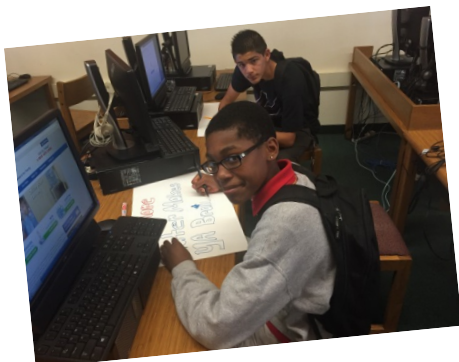
Counter on water filler after 2 weeks.



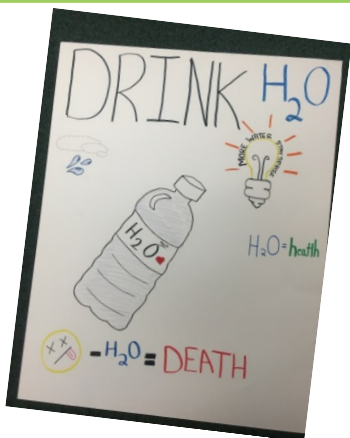
Student created PSA poster.



Lesson on the importance of water.



Students working hard on their PSA poster.



Student created PSA poster.

