**Nutrition Focused Physical Assessment - Malnutrition Assessment**
Students will gain the knowledge and skills necessary to perform Nutrition Focus Physical Assessment. Skill objectives include assessing muscle wasting and fat loss; evaluating the presence of edema and or fluid accumulation; identifying clinical signs of micronutrient deficiencies and toxicities; and determine the etiology, presence, and degree of malnutrition using the Academy/ASPEN adult malnutrition guidelines. Course includes readings, case studies, and physical training.

**Pediatric MNT**
The Pediatric Nutrition Seminar will offer comprehensive information regarding nutrition assessment and child needs, for both healthy and ill children. Focus areas include: human milk & formulas, childhood obesity, failure to thrive, adolescent issues, gastrointestinal conditions, the special needs child, cystic fibrosis, renal, and oncology. Topics will be delivered through lecture and simulation laboratory experiences.

**The Food Garden**
Students will gain knowledge of how to use the garden as a tool to improve health and quality of life. Nutritional and medicinal values of fresh produce and how best to prepare the produce will be introduced. The course will offer specific information about the common fruits, vegetables and herbs that are produced throughout the year along with information that pertains to their successful cultivation and their unique roles in our diet and health.

**Culinary Medicine**
Through innovative nutrition curriculum and hands-on training in the culinary arts, the Culinary Medicine course will teach medical, nursing, and dietetic intern students about food: how to cook, what to eat, and how to help their patients improve their diet - and thereby, their health.

**Contact**
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