TEXAS CARES FINDINGS
COVID-19 Variant Symptoms in Children

Out of 3,911 Texas CARES participants ages 5 to 19 years old, **57.2%** had antibodies from a COVID infection as of April 2023.

- Children who were not vaccinated had a greater risk of infection than those fully vaccinated.
- Older children ages 10 to 14 and 15 to 19 were more likely to have COVID-19 than younger children ages 5 to 9.

Infections with symptoms increased with each variant over the last two years:

- **47.9%** pre-Delta
- **77%** Delta
- **84.7%** Omicron
- **94.8%** Omicron BA.2

Most common symptoms during pre-Delta:
- Loss of taste and/or smell
- Headache
- Fever
- Congestion

Most common symptoms during Omicron BA.2:
- A combination of headache, fatigue, congestion, fever, cough, sore throat and aches

Interested in learning more about these findings? Scan the QR code at the right to read the Texas CARES research paper published in 2023 in Children by MDPI.

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