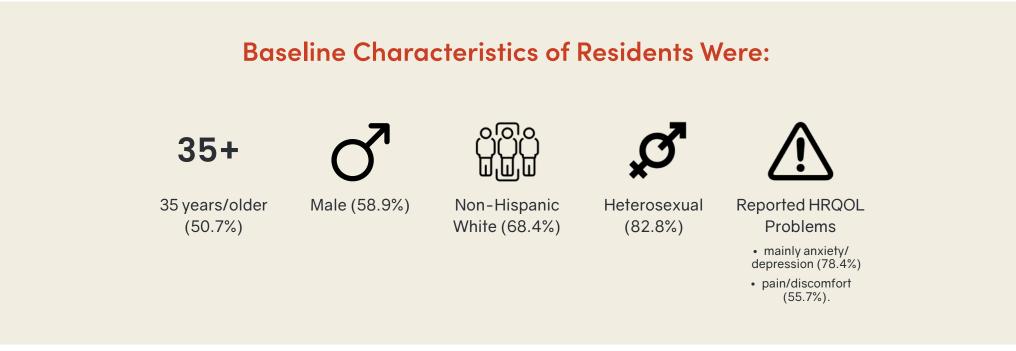


PROJECT HOMES

Health-Related Quality of Life and Recovery Capital Among Recovery Residents Taking Medication for Opioid Use Disorder in Texas

Purpose: "To evaluate participants' recovery capital and health-related quality of life (HRQOL) for residents entering OUD recovery."

We conducted longitudinal studies across 14 recovery homes in Texas with 358 residents from April 2021-June 2023.



Other Baseline Characteristics Of Residents:

- Older participants were more likely to self-report having mobility, pain, and • discomfort.
- Female participants were more likely to self-report having pain and discomfort. •
- Sexual minorities were more likely to self-report having anxiety and depression. •
- Participants who were married or in committed relationships were more likely to report problems conducting self-care.

Report HRQOL Problems Among Participants:

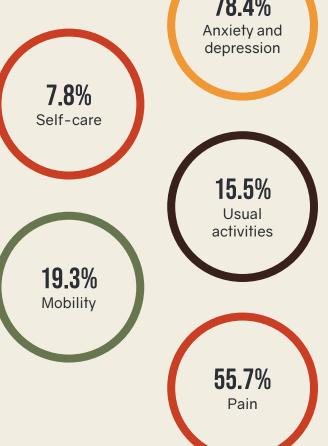
78.4%

Recovery Capital:

Most participants reported high social, personal, and total recovery capital at baseline

> Low personal recovery capital was most associated with HRQOL problems (mobility, self-care, usual activities, pain/discomfort, and anxiety/depression)

Low total recovery capital associated with problems conducting self-care, usual activities, pain/discomfort, and anxiety/depression



Support from policymakers and administrators is crucial for developing tailored treatments to enhance the Health-Related Quality of Life (HRQOL) for residents undergoing Medication for Opioid Use Disorder (MOUD).

Key Takeaways:

- Routine assessment of recovery capital is critical in helping residents improve their HRQOL.
- Personal and total recovery capital are predictors of HRQOL among • individuals in recovery from an OUD.
- Residents with one or more comorbidity or disorder may need • additional support from housing staff.

References:

Okekpa, E., McCurdy, S., Schick, V., and Markham, C., and Wilkerson, J.M. 2023. Health-Related Quality of Life and Recovery Capital Among Recovery Residents Taking Medication for Opioid Use Disorder in Texas. Frontier to Public Health.

