

Development and implementation of recovery housing policies and practices to support people taking medications for opioid use disorder

WHAT WE DID



Interviewed 138 residents and staff from Level II and III MOUD-accepting recovery homes across Texas and explored participants' perceptions of and experiences with navigating these policies.

WHAT WE DISCOVERED



Stakeholders developed MOUD policies along a structured continuum, balancing flexibility with oversight, related to three categories:

- screening and intake
- medication oversight
- storage and resident access



MOUD policies promoted accountability and feelings of safety among residents



Cultivating a MOUD-supportive culture was central, especially in mixed-residency homes where stigma persisted



Policies evolved through trial and error as residences encountered issues such as stigma, medication diversion, and continuity-of-care gaps

WHY IT'S IMPORTANT

Recovery residences can integrate MOUD effectively with tailored policies, staff training, and stigma-reduction strategies. Findings highlight the need for sustained funding, technical support, and research to identify best practices across housing models and ensure equitable access to recovery housing for people prescribed MOUD.

REFERENCE

Gallardo, K. R., Stewart, H. L., Pullin, J., Wilkerson, J. M., Neubauer, M. G., Kirzner, S. J., ... & McCurdy, S. A. (2025). Development and implementation of recovery housing policies and practices to support people taking medications for opioid use disorder. *Journal of Substance Use and Addiction Treatment*. DOI: 10.1016/j.josat.2025.209817

