

The intersection of MOUD and mental health in recovery housing

WHAT WE DID



Thematically analyzed semi-structured interviews with 93 residents and 29 staff in recovery homes

WHAT WE DISCOVERED



Interviewees reveal both individual-level and organizational implications for managing mental health and MOUD in recovery housing



Residents and staff monitor for potential interactions between MOUD and mental health medications



In addition, residents sometimes experience mental health concerns when changing their medication



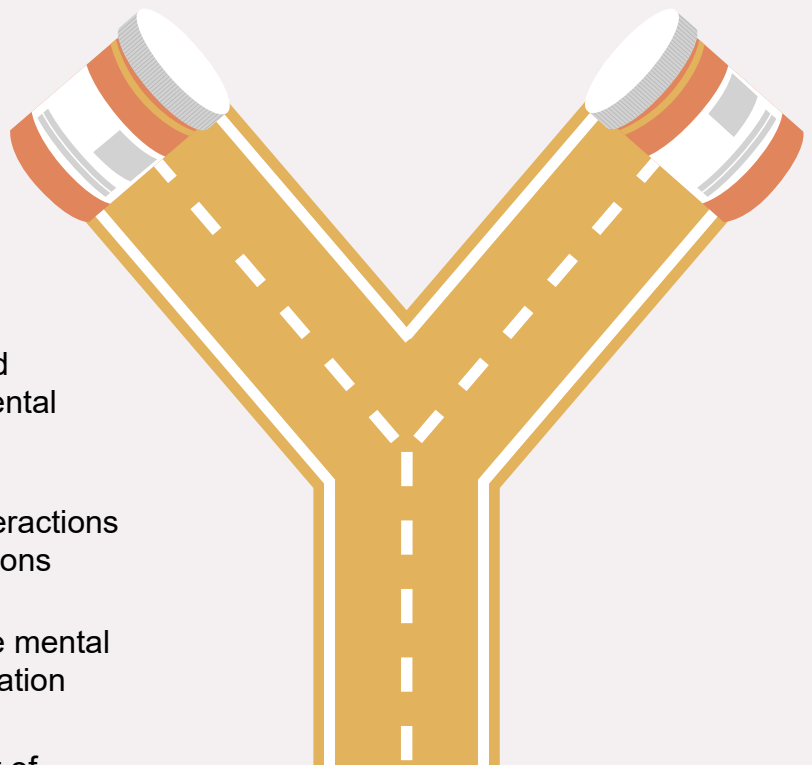
At the organizational level, the development of MOUD-related medication policies helped organizations manage psychiatric medications

WHY IT'S IMPORTANT

While MOUD use may at times challenge residents' mental health, recovery housing organizations with formal medication policies are better able to meet the needs of residents who take medications for mental health.

REFERENCE

Stewart HLN, Gallardo KR, Niedenfuehr JM, Zoschke IN, Wilkerson JM, Gillespie D, Kaduri P, Rodriguez SA, & McCurdy SA (2025). The Intersection of medications for opioid use disorder and mental health in substance use recovery housing in a U.S. setting. *Journal of Drug Issues*.
<https://doi.org/10.1177/00220426251346673>



It's been a process of adjusting to the right dose. But immediately, I had some relief. I could feel my mood in my head was changing. The craving wasn't there. The debilitating depression wasn't there.

