

Supporting Medication-Assisted Recovery in Recovery Residences:

Staff Support, Managing Built Environment Threats, and Building a Supportive Network



We interviewed 93 people living in Project HOMES residences to learn about their experiences with MOUD and living in recovery residences.



Medications for opioid use disorder (MOUD) save lives, prevent overdoses, and help people stay in recovery. **Recovery homes** give people in recovery from substances a safe, stable place to live. **Project HOMES** supports individuals taking MOUD living in 16 recovery homes across Texas.

WE LEARNED

Recovery homes removed barriers to MOUD use.

- Residents took medications regularly and attended treatment appointments

Recovery home staff are important

- Staff connected residents to MOUD services and helped fight stigma by normalizing MOUD.

Residents found peer support through Medication Assisted Recovery Anonymous (MARA):

- Meetings gave residents a safe space to learn, share resources, and support each other.

“They don’t look down on us... a lot of people will act like we’re still using... ‘cause we’re on something.”

— Recovery Home Resident

RECOMMENDATIONS

- **Expand** the number of recovery homes that accept people taking MOUD.
- **Fund** and provide technical support to help recovery homes be MOUD-friendly
- **Share** best practices to guide staff and improve MOUD support.

Read More:



Project HOMES:

