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Alignment of TEKS Objectives It's Your Game...Keep It Real

It's Your Game...Keep It Real

Curriculum Overview

It's Your Game...Keep It Real (IYG) is a 24-lesson hybrid (classroom and computer-based), evidence-based curriculum comprising 12 lessons for 7th and 8th grades respectively. IYG trains youth in life skills, healthy decision making, maintaining personal boundaries, healthy relationships, and sexual health with the aim of delaying adolescent sexual initiation and building positive interpersonal relationships. The intervention comprises lessons that are in-person (classroom and group process) and computer-based (individual online). Youth in 7th and 8th grade are the priority audience with adult parents/caregivers involved in the lessons through homework assignment discussions. Each session is about 1 hour in duration.

Program Components

Students

- Designed for 7th and 8th grade students
- Lessons:
 - 12, 50-minute lessons in both 7th and 8th grade (24 total)
 - 7th grade: 8 in-class lessons and 4 computer lessons
 - 8th grade: 7 in-class lessons and 5 computer lessons
- Learning activities include journaling, computer-based activities, role play, small-group work, and child-parent homework
- Lesson topics include healthy friendships and relationships, consequences of sex, risk reduction strategies, and knowing your body.

Parents

- At each grade level, parents will be asked to participate in three parent-child homework activities that are designed to encourage discussion of topics such as dating and sexual behavior.

Teacher and School Staff

- This curriculum should be taught by a skilled educator, ideally one who has received research-based professional development. The curriculum provides Teacher Aids and lesson guides. Tablets or computers will be necessary for students to complete the computer lessons. ETR offers virtual training of educators which includes live training sessions, intersession activities, and a practice teaching session.

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Program Logistics

- Where to purchase: <https://www.etr.org/store/curricula/its-your-game-keep-it-real/>
- Cost:
 - 1 year license: \$199.00
 - 5 year license: \$600.00
- Format: digital version of curriculum, handouts, newsprint masters, and website access
- Authors: Drs. Susan Tortolero Emery, Christine Markham, Ross Shegog and Melissa Peskin of University of Texas Health Science Center, School of Public Health
- Program help request: <https://www.etr.org/ebi/about-us/program-support-help-request/>

Summary of Evaluation Findings

A randomized control trial of 10 Houston, Texas middle schools indicated that participation in IYG was associated with delayed sexual initiation of both oral and anal sex at the 9th grade follow-up (Tortolero et al., 2010). For Latino students, this delay in sexual initiation also included vaginal sex. Youth who participated in IYG also reported more positive attitudes towards abstinence, greater self-efficacy for refusing sex, greater knowledge about condom use, and greater intent to be abstinent, among other psychosocial variables.

Key reference:

Tortolero, S. R., Markham, C. M., Peskin, M. F., Shegog, R., Addy, R. C., Escobar-Chaves, S. L., & Baumler, E. R. (2010). It's Your Game: Keep It Real: delaying sexual behavior with an effective middle school program. *The Journal of adolescent health: official publication of the Society for Adolescent Medicine*, 46(2), 169–179. <https://doi.org/10.1016/j.jadohealth.2009.06.008>

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Table 1. Program Overview: Level I Lessons (Grade 7)

Lesson	Activity
1: It's Your Game...Pre-Game Show	I. Getting to Know You
	II. It's Your Game... Keep It Real
	III. Agreements for Classroom Discussion
	IV. Journal Activity
	V. Wrap-up a. Optional Level I-Lesson 1 Quiz
2: Keeping it Real... Among Friends	I. Introduction to the Day
	II. Movie Acting & Discussion
	III. Brainstorming
	IV. Journal Activity
	V. Parent-Student Homework
	VI. Wrap-up a. Optional Level I-Lesson 2 Quiz
3: Keeping it Real... Among Friends (Computer)	I. Introduction to the Day
	II. Computer Activities 1. Brainstorm: Build-A-Friend 2. Hot Ticket: Reel World Serial (Danielle's World) 3. Bench: Peer Pressure and Social Support 4. The Buzz: Teens Talk Video 5. Zines: Assessment Quiz 6. Cyber Café: Real World Serial Evaluation 7. Hot Ticket: Reel World Serial Conclusion 8. Activity Review
	III. Reel World Serial Discussion
	IV. Wrap Up

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	a. Optional Level I-Lesson 3 Quiz
4: It's Your Game... Playing By Your Rules	I. Simon Says
	II. Select, Detect, Protect
	III. Lightin' Up
	IV. Journaling
	V. Wrap-Up
	a. Optional Level I- Lesson 4 Quiz
5: It's Your Game...Playing By Your Rules (Computer)	I. Introduction to the Day
	II. Computer Activities
	1. Brainstorm: SELECT, DETECT, PROTECT
	2. Hot Ticket: Reel World Serial (Eddie's World)
	3. Telescope in Game World: Risky or Not?
	4. Scoops: Teens Talk
	5. Zines: Quiz
	6. It's a Zoo: The Fight
	7. Cyber Café: Reel World Serial Evaluation
	8. Hot Ticket: Reel World Serial Conclusion
	9. Activity Review
	III. Reel World Serial Discussion
	IV. Wrap- Up
	a. Optional Level I- Lesson 5 Quiz
6: Protecting Your Rules... A Clear No	I. Introduction to the Day
	II. Movie Acting & Discussion
	III. Using Effective NO Statements
	IV. Role-Playing in Small Groups
	V. Parent-Student Homework

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	VI. Wrap-up Optional Level I- Lesson 6 Quiz
7: Protecting Your Rules...Alternative Actions	I. Introduction to the Day
	II. Moving Acting & Discussion
	III. Protecting Your Rules...Alternative Actions
	IV. Student Skills Practice: Role-Play
	V. Wrap-Up a. Optional Level I- Lesson 7 Quiz
8: Know Your Body (Computer)	I. Introduction to the Day
	II. Computer Activities
	1. Body Moves: Body Development Animation
	2. Body Moves: Reproductive Anatomy
	3. Body Moves: Menstruation
	4. On-The-Air: The Expert's Corner
	5. On-The-Air: About STIs
	6. On-The-Air: Reproduction
	7. Activity Review
	III. Wrap-up a. Optional Level I-Lesson 8 Quiz
9: Keeping It Real... For Yourself	I. Introduction to the Day
	II. Consequences of Sex
	III. Charli and Ari Story
	IV. Journal Activity
	V. Wrap-Up a. Optional Level I-Lesson 9 Quiz

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10: Playing By Your Rules...Regarding Sex (Computer)	I. Introduction to the Day
	II. Computer Activities
	1. Brainstorm: Lame Brain
	2. Hot Ticket: Reel World Serial (Kristina's World)
	3. The Buzz: Teens Talk I
	4. To The Limit: Alex & Maddy
	5. Tailored Activity 5A Choosing to Wait OR 5B Teens Talk II
	6. Tailored Activity 6A Teens Talk II OR 6B Reducing the Risk
	7. Cyber Café: Reel World Serial Evaluation
	8. Hot Ticket: Reel World Serial Conclusion
9. Activity Review	
III. Reel World Serial Discussion	
IV. Parent-Student Homework	
V. Wrap-Up	
a. Optional Level I- Lesson 10 Quiz	
11: Protecting Your Rules... Regarding Sex	I. Introduction to the Day
	II. Protecting Your Rules: Movie Acting & Discussion
	III. Student Skill Practice: Role-Playing
	IV. Wrap-Up
a. Optional Level I- Lesson 11 Quiz	
	I. Introduction to the Day

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12: It's Your Game... Post Game Show	II. Curriculum Review a. It's Your Game Bingo
	III. Curriculum Reflection
	IV. Journal Activity
	V. Wrap Up Ceremony a. Optional Level I- Lesson 12 Quiz

Table 2. Program Overview: Level 2 Lessons (Grade 8)

Lesson	Activity
1: It's Your Game...Pre-Game Show	I. Introduction to the Day
	II. It's Your Game... Keep It Real Review
	III. Agreements for Classroom Discussion
	IV. Journal Activity
	V. Wrap-up a. Optional Level II- Lesson 1 Quiz
2: Keeping it Real... Consequences of Pregnancy	I. Introduction to the Day
	II. Pregnancy: Who Wants to Take a Chance?
	III. Movie Acting & Discussion
	IV. Parent-Student Homework
	V. Wrap-up b. Optional Level II- Lesson 2 Quiz
3: Keeping it Real... Consequences of HIV & Other Sexually Transmitted Infections (Computer)	I. Introduction to the Day
	II. Computer Activities 1. Brainstorm: How Pregnancy Can Affect Your Life 2. Hot Ticket: Reel World Serial (Shannon's World)

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	3. On-The-Air: What is HIV?
	4. On-The-Air: Teens Talk About HIV
	5. On-The-Air: HIV Transmission Game
	6. On-The-Air: What is an STI?
	7. On-The-Air: Teens Talk About STDs
	8. On-The-Air: Getting Tested
	9. Cyber Café: Reel World Serial Evaluation
	10. Hot Ticket: Reel World Serial Conclusion
	11. Activity Review
	III. Reel World Serial Discussion
	IV. Wrap Up a. Optional Level II-Lesson 3 Quiz
4: Keeping It Real... About Sexually Transmitted Infections	I. Introduction to the Day
	II. Talk Show & Discussion
	III. Game: STI Trivia
	IV. Wrap-Up a. Optional Level II- Lesson 4 Quiz
	5: Keeping It Real...Risk Reduction Strategies (Computer)
II. Computer Activities	
10. Hot Ticket: Reel World Serial (Shannon's World)	
11. On-The-Air: Expert's Corner I	
12. On-The-Air: Marvin's Story	
13. On-The-Air: Expert's Corner II	
14. On-The-Air: Condom Steps	
15. Body Art: Other Contraceptive Methods	
16. Body Art: Reduces the Risk Of?	

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	17. Buzz: Teens Talk About Reducing the Risk
	18. Hot Ticket: Reel World Serial Conclusion
	19. Activity Review
	III. Reel World Serial Discussion
	IV. Wrap- Up a. Optional Level II- Lesson 5 Quiz
6: Playing By Your Rules... A Review	I. Introduction to the Day
	II. The Danger Zone
	III. Role Play: The Football Game
	IV. Journal
	V. Wrap-up a. Optional Level 1- Lesson 6 Quiz
7: Playing By Your Rules... A Review (Computer)	I. Introduction to the Day
	II. Computer Activities 1. Hot Ticket: Reel World Serial (Danielle's World) 2. It's A Zoo: The Partner Challenge 3. Zines: Self-Assessment & Teens Talk 4. To The Limit: Protecting Your Rules 5. Cyber Café: Reel World Serial Evaluation 6. Hot Ticket: Reel World Serial Conclusion 7. Activity Review
	III. Reel World Serial Discussion
	IV. Wrap-Up a. Optional Level II- Lesson 7 Quiz
	I. Introduction to the Day
	II. Talk Show & Discussion
	III. Brainstorming
8: Keeping It Real... Healthy Dating Relationships	I. Introduction to the Day
	II. Talk Show & Discussion
	III. Brainstorming

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	IV. Journaling
	V. Parent-Student Activity
	III. Wrap-up a. Optional Level II-Lesson 8 Quiz
9: Keeping It Real... Healthy Dating Relationships (Computer)	I. Introduction to the Day
	II. Computer Activities
	1. Brainstorm: The Dating Game Show
	2. Hot Ticket: Reel World Serial (Brian's World)
	3. Scoops: Respecting Other peoples' Game
	4. Scoops: Teens Talk About Dating Relationships
	5. Scoops: Evaluating Dating Relationships
	6. Cyber Café: Reel World Serial Evaluation
	7. Hot Ticket: Reel World Serial Conclusion
	8. Activity Review
	III. Reel World Serial Discussion
IV. Wrap-Up a. Optional Level II-Lesson 9 Quiz	
10: Playing By Your Rules...Regarding Sex	I. Introduction to the Day
	II. Playing By Your Rules: A Review
	III. Under Pressure
	IV. Role-Playing in Small Groups: Avoid a Situation
	V. Role-Playing in Small Groups: Get Out of a Situation
	VI. Wrap-Up a. Optional Level II- Lesson 10 Quiz
	I. Introduction to the Day

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11: It's Your Game... Free Time (Computer)	II. Computer Activities (Activity Review)
	III. Computer Program Reflection
	IV. Parent-Student Activity
	IV. Wrap-Up a. Optional Level II- Lesson 11 Quiz
12: It's Your Game... Post Game Show	I. Introduction to the Day
	II. It's Your Game...Keep It Real Review
	III. Journal Activity
	IV. Curriculum Reflection a. Optional Level II- Lesson 12 Quiz

TEKS Objectives

- Coverage of the Texas Education Agency's Texas Essential Knowledge and Skills, Reproductive and Sexual Health objectives is provided in the following pages. Tables 1 and 2 (above) indicate the lessons and activities for both levels of the It's Your game... Keep It Real program. Table 3 (below) indicates the percentage of TEKS coverage across all lessons for each level, respectively.
- Definitions:
 - "Full TEKS coverage" indicates that the entire student expectation (SE) is explicitly covered, as written, in the curriculum.
 - "Partial TEKS coverage" indicates that at least one aspect of the SE is not covered or not explicitly covered in the curriculum.
- TEKS coverage was determined by consensus from two reviewers with relevant subject-matter knowledge. The full review protocol and a detailed review document for each curriculum is available upon [request](#).

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**Table 3. Health TEKS Objectives, Reproductive & Sexual Health Strand
Full or Partial Coverage – All Lessons**

Level I Middle School (7th – 8th Grade)	54%
Level II Middle School (7th – 8th Grade)	70%

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Level I Lessons (Grade 7)

Middle School (7th – 8th Grade) Reproductive and Sexual Health TEKS Objectives Review

Table 4a. (20) Reproductive and sexual health--healthy relationships, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(20) Reproductive and sexual health--healthy relationships. The student understands the characteristics of healthy romantic relationships. The student is expected to:			
(A) compare and contrast the difference between friendship, infatuation, dating/romantic relationships, and marriage			Instructor must cover this Student Expectation (SE).
(B) explain how friendships provide a foundation for healthy dating/romantic relationships			Instructor must cover this SE.
(C) describe healthy ways to express friendship, affection, and love	X		
(D) describe appropriate and effective methods of communicating emotions in healthy dating/romantic relationships and marriage		X	Instructor must describe appropriate and effective methods of communicating emotions in a healthy marriage.
(E) evaluate the importance of mutual respect, trust, support, honesty, commitment, and reliability in healthy dating/romantic relationships and marriage		X	Instructor must evaluate the importance of mutual respect, trust, support, honesty, commitment, and reliability in a healthy marriage.

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(F) describe behaviors in dating/romantic relationships that enhance dignity and respect	X		
(G) describe the benefits of healthy marriages, including companionship and social, emotional, financial, and health benefits			Instructor must cover this SE.

Table 4b. (21) Reproductive and sexual health--personal safety, limits, and boundaries, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(21) Reproductive and sexual health--personal safety, limits, and boundaries. The student understands how to set and respect personal boundaries to reduce the risk of sexual harassment, sexual abuse, and sexual assault. The student is expected to:			
(A) explain that physical, emotional, and sexual abuse and exploitation are all forms of abuse			Instructor must cover this SE.
(B) explain the social and emotional impacts of sexual harassment, sexual abuse, sexual assault, and sex trafficking			Instructor must cover this SE.
(C) define dating violence and the characteristics of unhealthy or harmful relationships, including anger, controlling behavior, jealousy, manipulation, and isolation		X	Instructor must define dating violence, as well as the characteristics of anger and jealousy in unhealthy or harmful relationships.
(D) identify protective strategies for avoiding unsafe situations that heighten the risk of sexual harassment, sexual abuse, sexual assault, sex trafficking, and teen dating violence		X	Instructor must identify protective strategies for avoiding unsafe situations that heighten the risk of sex trafficking.

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(E) explain the importance of reporting to a parent or another trusted adult sexual harassment, sexual abuse, sexual assault, sex trafficking, and dating violence involving self or others		X	Instructor must explain the importance of reporting sex trafficking to a parent or another trusted adult.
(F) describe how a healthy sense of self and making decisions regarding setting and respecting personal boundaries promote healthy dating/romantic relationships	X		
(G) discuss and practice how refusal skills can be used to resist negative peer influences and reinforce personal boundaries to avoid dangerous situations and behaviors that increase sexual risk in dating/romantic relationships	X		
(H) explain the importance of clearly communicating and respecting personal boundaries and why individuals have the right to refuse sexual contact	X		

Table 4c. (22) Reproductive and sexual health—anatomy, puberty, reproduction, and pregnancy, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(22) Reproductive and sexual health—anatomy, puberty, reproduction, and pregnancy. The student analyzes adolescent development, the process of fertilization, and healthy fetal development. The student is expected to:			
(A) compare and contrast the physical, hormonal, and emotional changes in males and females that occur during puberty and adolescence	X		

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(B) identify how the process of fertilization occurs between a man and a woman through sexual intercourse	X		
(C) explain significant milestones of fetal development and the harmful effects on the fetus of certain substances such as alcohol, tobacco, and prescription drugs and environmental hazards such as lead			Instructor must cover this SE.
(D) describe the importance of telling a parent or another trusted adult, obtaining early pregnancy testing, and seeking prenatal care if signs of pregnancy occur			Instructor must cover this SE.
(E) define the emotional changes that may occur during and after pregnancy, including postpartum depression, and discuss resources for support and treatment			Instructor must cover this SE.

Table 4d. (23) Reproductive and sexual health--sexual risk, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(23) Reproductive and sexual health--sexual risk. The student understands that there are risks associated with sexual activity and that abstinence from sexual activity is the only 100% effective method to avoid risks. The student is expected to:			
(A) explain how teen pregnancy is a possible outcome of sexual activity	X		
(B) explain the short- and long-term educational, financial, and social impacts of pregnancy on teen parents, the child, families, and society	X		

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(C) identify the difference between bacterial and viral sexually transmitted diseases/sexually transmitted infections (STDs/STIs), including long-term or lifetime effects such as infertility and cancer	X		
(D) describe various modes of transmission of STDs/STIs	X		
(E) identify the prevalence of STDs/STIs among teens by referencing county, state, and/or federal data sources			Instructor must cover this SE.
(F) list the signs and symptoms of STDs/STIs, including human papillomavirus (HPV), human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS), chlamydia, syphilis, gonorrhea, herpes, and trichomoniasis, and explain why not all STDs/STIs show symptoms initially			Instructor must cover this SE.
(G) explain the importance of STD/STI screening, testing, and early treatment for sexually active individuals, including during yearly physicals or if there is a concern			Instructor must cover this SE.
(H) identify community resources, a minor's right to consent under certain circumstances, and the importance of parent or other trusted adult support for STD/STI testing and treatment			Instructor must cover this SE.
(I) identify emotional risks that can be associated with sexual activity for unmarried persons of school age, including stress, anxiety, and depression	X		
(J) identify support from parents and other trusted adults to be abstinent from sexual activity and create strategies for building peer support to be abstinent			Instructor must cover this SE.
(K) analyze the importance of abstinence as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age	X		

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(L) analyze the effectiveness and the risks and failure rates (human-use reality rates) of barrier protection and other contraceptive methods in the prevention of STDs/STIs and pregnancy	X		
(M) explain that HPV vaccines can help prevent the transmission of the most common types of HPV, a virus that can cause genital warts and cervical cancer and other cancers in males and females			Instructor must cover this SE.
(N) research and explain the benefits of abstinence from sexual activity such as increased self-esteem, self-confidence, and student academic achievement	X		
(O) define legal implications of teen pregnancy, including the legal effects of acknowledgement and proof of paternity			Instructor must cover this SE.
(P) describe legal aspects of sexual activity with a minor person, including the legal age of consent, statutory rape, aggravated sexual assault, sexual assault, sexual abuse, and indecency with a child			Instructor must cover this SE.
(Q) examine the legal ramifications of sexual offenses such as sexual harassment, sexual abuse, and sexual assault			Instructor must cover this SE.

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Level 2 Lessons (Grade 8)

Middle School (7th – 8th Grade) Reproductive and Sexual Health TEKS Objectives Review

Table 5a. (20) Reproductive and sexual health--healthy relationships, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(20) Reproductive and sexual health--healthy relationships. The student understands the characteristics of healthy romantic relationships. The student is expected to:			
(A) compare and contrast the difference between friendship, infatuation, dating/romantic relationships, and marriage			Instructor must cover this SE.
(B) explain how friendships provide a foundation for healthy dating/romantic relationships			Instructor must cover this SE.
(C) describe healthy ways to express friendship, affection, and love	X		
(D) describe appropriate and effective methods of communicating emotions in healthy dating/romantic relationships and marriage		X	Instructor must describe appropriate and effect methods of communicating emotions in marriage.
(E) evaluate the importance of mutual respect, trust, support, honesty, commitment, and reliability in healthy dating/romantic relationships and marriage		X	Instructor must evaluate the importance of mutual respect, trust, support, honesty, commitment, and reliability in a healthy marriage.
(F) describe behaviors in dating/romantic relationships that enhance dignity and respect	X		

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(G) describe the benefits of healthy marriages, including companionship and social, emotional, financial, and health benefits			Instructor must cover this SE.
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Table 5b. (21) Reproductive and sexual health--personal safety, limits, and boundaries, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(21) Reproductive and sexual health--personal safety, limits, and boundaries. The student understands how to set and respect personal boundaries to reduce the risk of sexual harassment, sexual abuse, and sexual assault. The student is expected to:			
(A) explain that physical, emotional, and sexual abuse and exploitation are all forms of abuse			Instructor must cover this SE.
(B) explain the social and emotional impacts of sexual harassment, sexual abuse, sexual assault, and sex trafficking			Instructor must cover this SE.
(C) define dating violence and the characteristics of unhealthy or harmful relationships, including anger, controlling behavior, jealousy, manipulation, and isolation	X		
(D) identify protective strategies for avoiding unsafe situations that heighten the risk of sexual harassment, sexual abuse, sexual assault, sex trafficking, and teen dating violence	X		
(E) explain the importance of reporting to a parent or another trusted adult sexual harassment, sexual abuse, sexual assault, sex trafficking, and dating violence involving self or others	X		

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(F) describe how a healthy sense of self and making decisions regarding setting and respecting personal boundaries promote healthy dating/romantic relationships	X		
(G) discuss and practice how refusal skills can be used to resist negative peer influences and reinforce personal boundaries to avoid dangerous situations and behaviors that increase sexual risk in dating/romantic relationships	X		
(H) explain the importance of clearly communicating and respecting personal boundaries and why individuals have the right to refuse sexual contact	X		

Table 5c. (22) Reproductive and sexual health—anatomy, puberty, reproduction, and pregnancy, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(22) Reproductive and sexual health—anatomy, puberty, reproduction, and pregnancy. The student analyzes adolescent development, the process of fertilization, and healthy fetal development. The student is expected to:			
(A) compare and contrast the physical, hormonal, and emotional changes in males and females that occur during puberty and adolescence			Instructor must cover this SE.
(B) identify how the process of fertilization occurs between a man and a woman through sexual intercourse	X		

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(C) explain significant milestones of fetal development and the harmful effects on the fetus of certain substances such as alcohol, tobacco, and prescription drugs and environmental hazards such as lead			Instructor must cover this SE.
(D) describe the importance of telling a parent or another trusted adult, obtaining early pregnancy testing, and seeking prenatal care if signs of pregnancy occur	X		
(E) define the emotional changes that may occur during and after pregnancy, including postpartum depression, and discuss resources for support and treatment	X		

Table 5d. (23) Reproductive and sexual health--sexual risk, Middle School (7th – 8th Grade).

TEKS Objectives	TEKS Coverage (All Lessons)		Notes
	Full	Partial	
(23) Reproductive and sexual health--sexual risk. The student understands that there are risks associated with sexual activity and that abstinence from sexual activity is the only 100% effective method to avoid risks. The student is expected to:			
(A) explain how teen pregnancy is a possible outcome of sexual activity	X		
(B) explain the short- and long-term educational, financial, and social impacts of pregnancy on teen parents, the child, families, and society	X		
(C) identify the difference between bacterial and viral sexually transmitted diseases/sexually transmitted infections (STDs/STIs), including long-term or lifetime effects such as infertility and cancer	X		
(D) describe various modes of transmission of STDs/STIs	X		

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(E) identify the prevalence of STDs/STIs among teens by referencing county, state, and/or federal data sources	X		
(F) list the signs and symptoms of STDs/STIs, including human papillomavirus (HPV), human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS), chlamydia, syphilis, gonorrhea, herpes, and trichomoniasis, and explain why not all STDs/STIs show symptoms initially	X		
(G) explain the importance of STD/STI screening, testing, and early treatment for sexually active individuals, including during yearly physicals or if there is a concern	X		
(H) identify community resources, a minor's right to consent under certain circumstances, and the importance of parent or other trusted adult support for STD/STI testing and treatment	X		
(I) identify emotional risks that can be associated with sexual activity for unmarried persons of school age, including stress, anxiety, and depression	X		
(J) identify support from parents and other trusted adults to be abstinent from sexual activity and create strategies for building peer support to be abstinent	X		
(K) analyze the importance of abstinence as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age	X		
(L) analyze the effectiveness and the risks and failure rates (human-use reality rates) of barrier protection and other contraceptive methods in the prevention of STDs/STIs and pregnancy	X		
(M) explain that HPV vaccines can help prevent the transmission of the most common types of HPV, a virus that can cause genital warts and cervical cancer and other cancers in males and females			Instructor must cover this SE.

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(N) research and explain the benefits of abstinence from sexual activity such as increased self-esteem, self-confidence, and student academic achievement	X		
(O) define legal implications of teen pregnancy, including the legal effects of acknowledgement and proof of paternity			Instructor must cover this SE.
(P) describe legal aspects of sexual activity with a minor person, including the legal age of consent, statutory rape, aggravated sexual assault, sexual assault, sexual abuse, and indecency with a child			Instructor must cover this SE.
(Q) examine the legal ramifications of sexual offenses such as sexual harassment, sexual abuse, and sexual assault			Instructor must cover this SE.

CHAMPSS: CHoosing And Maintaining Effective Programs for Sex Education in



Select



Alignment of TEKS Objectives
It's Your Game...Keep It Real

Texas Education Code §28.004 Statutory Compliance

Texas Education Code §28.004 lays out requirements for human sexuality instruction. These requirements (see table 6) are reflected in the above TEKS Objectives and in our assessment of their coverage in this program.

Table 6. Texas Education Code §28.004 Statutory Compliance

Course materials and instruction must:

- (1) Present abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age;
- (2) Devote more attention to abstinence from sexual activity than to any other behavior;
- (3) Emphasize that abstinence from sexual activity, if used consistently and correctly, is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, infection with human immunodeficiency virus or acquired immune deficiency syndrome, and the emotional trauma associated with adolescent sexual activity;
- (4) Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy, sexually transmitted diseases, and infection with human immunodeficiency virus or acquired immune deficiency syndrome; and
- (5) Teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates, if instruction on contraception and condoms is included in curriculum content.