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Overview of the Evidence-Based and Evidence-Informed Program Review for TEKS Alignment

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Methods for Program Review

A review of thirteen sexual health curricula, including **evidence-based programs** (EBPs) and evidence-informed programs¹, was conducted by faculty and staff at the University of Texas Health Science Center at Houston (UTHealth) School of Public Health with expertise in adolescent sexual health and program development. Each program was reviewed for compliance with the Texas Essential Knowledge and Skills (TEKS)² separately by two individuals. The program components were assessed to determine which Student Expectations (SE) were covered during each activity and whether this coverage was full (100% of the SE), partial (less than 100% of the SE), or none (0% of the SE). Differences of opinion that could not be resolved by discussion within the two-person review team were analyzed by the full UTHealth team to reach a consensus.

TEKS coverage is presented in a table format wherein all SEs for the appropriate grade are listed in numerical order and full coverage, partial coverage, or no coverage by the program is indicated for each. The overall percentage of SEs covered is provided in a summary table.

The most up-to-date version of the Texas Education Agency's Texas Essential Knowledge and Skills (TEKS)³ was used to identify each program's coverage of the Reproductive and Sexual Health TEKS.

Summary Page

A cover sheet precedes the TEKS coverage review and includes such details as program name, curriculum overview, program components (such as grades covered, lesson count, lesson activities/topics), a summary of evaluation findings, and program logistics (i.e., location of purchase, cost, format of program, and contact information).

¹ Evidence-based programs have undergone peer review and rigorous evaluation through a randomized controlled trial or strong quasi-experimental design and have shown impact on behaviors. Evidence-informed programs are typically based on up-to-date research but have not yet been rigorously evaluated and/or found to elicit behavioral changes in adolescents.

² Texas Essential Knowledge and Skills (TEKS) are state standards regarding curriculum requirements. The individual requirements within each grade and subject are referred to as Student Expectations (SEs).

³ Texas Education Code Sec. § 28.004. Local School Health Advisory Council and Health Education Instruction. Retrieved from: <http://www.statutes.legis.state.tx.us/Docs/ED/htm/ED.28.htm#28.004>

CHAMPSS: CHOosing And Maintaining Effective Programs for Sex Education in



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Programs Selected

Middle School Programs

- **Big Decisions**
- **Draw the Line/ Respect the Line**
- **It's Your Game... Keep it Real!**
- **Making Proud Choices**
- **Positive Prevention Plus (Middle School Edition)**
- **Power Through Choices**
- **Promoting Health Among Teens! (Abstinence Only)**
- **Promoting Health Among Teens! (Comprehensive)**

High School Programs

- **Big Decisions**
- **Love Notes 3.0 (EBP Model)**
- **Love Notes 3.0 (SRA Adaptation)**
- **Making Proud Choices**
- **Positive Prevention Plus (High School Edition)**
- **Power Through Choices**
- **Reducing the Risk**
- **Safer Choices**

Additional Information Available by Request

Please **contact us** to request a detailed copy of the review protocol, a more detailed TEKS coverage review document for any of the above programs, or to request a specific program for future review by the UTHealth team.