

SPRING

Orange Strawberry Salad



INGREDIENTS

- 1 lb. strawberries
- 3-4 oranges
- 1 tsp fresh lemon juice, plus more to taste
- 2 tsp agave nectar, honey, maple syrup or brown sugar
- 1 tsp finely chopped mint, plus sprigs for garnish

6-8

Yield

> 5 MIN

Prep time

10 MIN

Total time

DIRECTIONS

Hull the strawberries, then cut into halves or quarters. Peel the oranges. Cut the top and bottom of each orange, then cut oranges into bite-sized pieces. Combine cut fruit pieces in a mixing bowl. In a small bowl combine the lemon juice, sweetener and any residual orange juice. Pour mixture over fruit and gently toss to combine. Sprinkle with fresh mint. Refrigerate for at least 30 minutes or up to six hours. Serve and garnish with a sprig of fresh mint.