

# Michael & Susan Dell Center for Healthy Living

UTHealth Houston School of Public Health in Austin



The Michael & Susan Dell Center for Healthy Living was founded in 2006 with a vision of **healthy children in a healthy world** and a mission **to advance health and healthy living for children and families through cutting-edge research, innovative community programs, and dissemination of data-driven practices.**

We seek new discoveries in child health through research-focused programs related to obesity prevention, nutrition, physical activity, family & child health, tobacco use, and health policy. Our key events and expert-led webinars offer educational training and collaboration opportunities for students, partners, and the community.

Our intentions are threefold:

1. Create new research ideas and training for public health students
2. Communicate evidence-based products and outcomes to researchers and legislators
3. Connect with communities, legislators, and other public health organizations.

## Our Expertise



### School-Based Health Programs

Developing effective school-based health programs to ensure children and families lead healthy lives



### Health Policy

Sharing data-driven information with legislators to develop policies that support healthy living



### Nutrition, Food Access, Obesity

Helping children, families, and communities access, prepare, and eat healthy foods



### Physical Activity

Examining the health benefits of movement and how to support a lifetime of fitness



### Maternal & Child Health

Supporting maternal and child health through programs and initiatives that promote healthy pregnancies, thriving children, and strong families



### Tobacco & E-Cigarettes

Preventing unhealthy and addictive behaviors through education, policy change, and research



### Heat Safety

Studying impacts of heat waves and high temperatures on health and diverse populations



### Road Safety

Promoting safety in traffic and for pedestrians, particularly in relation to active commuting





 = 2 million people

School-based health promotion research projects and interventions and population health projects at the Michael & Susan Dell Center for Healthy Living reached an estimated

**16,291,272**

Children and Families during 2022-2023

## EXECUTIVE COMMITTEE



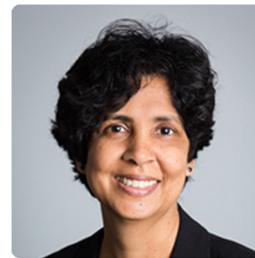
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## CENTER INITIATIVES

- Dietetic Internship Program
- Nourish Program
- Texas Collaborative for Healthy Mothers and Babies
- Philip R. Nader Legacy of Health Lectureship
- Texas Research-to-Policy Collaboration
- Texas Legislature Bill Tracker
- Texas Child Health Toolkits
- Texas Child Health Status Reports



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### CONNECT



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### DONATE



Your donation will support a healthy future fueled by healthy choices.