The Michael & Susan Dell Center for Healthy Living was founded in 2006 with a vision of healthy children in a healthy world and a mission to advance health and healthy living for children and families through cutting-edge research, innovative community programs, and dissemination of data-driven practices.

We seek new discoveries in child health through research-focused programs related to obesity prevention, nutrition, physical activity, family & child health, tobacco use, and health policy. Our annual key events and expert-led webinars offer educational trainings and collaboration opportunities to students, partners, and the community.

Our intentions are threefold: create new research ideas and trainings for public health students; communicate evidence-based products and outcomes to researchers and legislators; and connect with communities and other public health organizations.

OUR EXPERTISE

School-Based Health Programs
Developing effective school-based health programs to ensure children and families lead healthy lives.

Physical Activity
Studying the health benefits of movement and how to support a lifetime of fitness.

Nutrition, Food Access, Obesity
Helping children, families, and communities access, prepare, and eat healthy foods.

Family & Child Health
Identifying population health initiatives to improve health for families and young children.

Tobacco & Alcohol Abuse Prevention
Preventing unhealthy and addictive behaviors through education, policy change, and research.

Health Policy
Sharing data-driven information with legislators to develop policies that support healthy living.

Community Development
Creating healthy environments for families and schools through practical health resources.

The Michael & Susan Dell Center for Healthy Living directly reached an estimated

16,291,272

children and families through school-based health promotion research projects and interventions and population health projects (2022-2023).
CENTER INITIATIVES

- Michael & Susan Dell Center Lectureship in Child Health
- Dietetic Internship Program
- Nourish Program
- Live Smart Texas
- Dell Health Undergraduate Scholars
- Texas Research-to-Policy Collaboration
- Texas Legislature Bill Tracker
- Texas Child Health Toolkits
- Texas Child Health Status Reports
- Texas Collaborative for Healthy Mothers and Babies
- Philip R. Nader Legacy of Health Lectureship

CONNECT

msdcenter.org  /msdcenter
@msdcenter

CONTACT

512.482.6170
dellhealthyliving@uth.tmc.edu
Austin, Texas

DONATE

Your donation will support a healthy future fueled by healthy choices.

EXECUTIVE COMMITTEE

Deanna Hoelscher
PhD, RDN, LD, CNS, FISBNPA

Alexandra (Sandra) van den Berg
PhD, MPH

Harold W. (Bill) Kohl, III
PhD

Nalini Ranjit
PhD