

Curriculum Vitae

Jeanne Piga-Plunkett, MS, RD, LD

The University of Texas (UTHealth) School of Public Health

Office: RAS E-1035, 1200 Pressler St., Houston, TX 77030

Phone: 713-500-9346

Email: Jeanne.M.PigaPlunkett@UTH.TMC.EDU

Website: <https://sph.uth.edu/research/centers/dell/dietetic-internship-program/>

Education:

- | | |
|-----------|---|
| 1984-1990 | <u>Texas Women's University, Houston, TX</u>
Master of Science
Major: Clinical Nutrition |
| 1978-1981 | <u>The University of Texas, Austin, TX</u>
Bachelor of Science
Major: Food Science |
| 1976-1978 | <u>San Antonio College</u>
Associate of Science
Major: Education |

Licensure and Certification:

- | | |
|--------------|---|
| 2017 | Nutrition Focused Physical Assessment Training (NFPAT) |
| 2015 | Rutgers Nutrition Focused Physical Assessment Training |
| 2015 | Cleveland Clinic Nutrition Focused Physical Assessment Training |
| 1989-Present | Licensed Dietitian, state of Texas (LD) |
| 1989-Present | Registered Dietitian, state of Texas (RD) |

Professional Experience:

- | | |
|--------------|---|
| 2014-Present | Dietetic Internship Director
Michael and Susan Dell Center for Healthy Living, UTHealth School of Public Health, Houston, TX |
| 2014-Present | Faculty
Health Promotion and Behavioral Sciences, UTHealth School of Public Health, Houston, TX |
| 2012-2014 | Program Director
Brighter Bites, Houston, TX |

2011-2012	RD Consultant BLB Consultants, Houston, TX
2009-2011	Director Nutrition Services PACE Lutheran Social Ministries, Jersey City, NJ
1995-2009	Director of Food Services Episcopal High School Houston, TX
1991-1995	Director of Food Services Depelchin Children's Center, Houston, TX
1986-1991	Director of Food Services Spring Shadows Pines/Memorial Rehabilitation Center, Houston, TX
1983-1986	Assistant Food Services Republic Bank, Houston TX
1982-1983	Food Service Supervisor Colonnade Cafeteria, Houston, TX

Teaching Experience:

A. Formal Courses:

2014-Present	PH1234 Advances in Nutrition Practice Primary Instructor UTHealth School of Public Health and McGovern Medical Houston, TX
2014-Present	PH 9997-870 Specialty Practice Diabetes Seminar Primary Instructor UTHealth School of Public Health, Houston, TX
2014-Present	PH 1229 Medical Nutrition Therapy Simulation Lab Co-Instructor UTHealth School of Public Health, Houston, TX
2014-Present	PH 9997-850 Specialty Practice in Public Health Practicum Primary Instructor UTHealth School of Public Health, Houston, TX
2014-Present	PH1232 Medical Nutrition Therapy Primary Instructor UTHealth School of Public Health, Houston, TX

B. Continuing Education Courses:

2016-Present	Lecturer, <i>Summer Health Professions Education Program (SHPEP)</i> . UTHealth School of Public Health, Houston, TX
--------------	--

2015-Present CO-Instructor, *Lunch and Learn: Nutrition Education Series*, Nourish Program, UTHealth School of Public Health Dietetic Internship, Houston, TX

Professional Service:

2017-Present Founding Member, Wellness Committee, UTHealth School of Public Health, Houston TX

2014-Present Nourish Program Advisor, UTHealth School of Public Health, Houston, TX

2014-Present Garden Advisor, UTHealth, School of Public Health, Houston, TX

2014-Present Chair, Advisory Board, UTHealth School of Public Health Dietetic Internship, Houston, TX

2014-Present Academic Advisor, Customized Degree Program, UTHealth School of Public Health, Houston, TX

2016-Present Member, Advisory Board, Obesity Health Consortium, UTHealthSchool of Public Health, Houston, TX

2004-2005 Member, Advisory Board, The University of Houston Nutrition Department, Houston, TX

Research Interest:

- Nutrition Focused Physical Assessment Education
- Seed-to-Plate Nutrition Education

Research:

2017-Present

Funding: UTHealth Science Center

Title: *Garden for Health – Growing Healthy Food Habits for UTHealth Employees*

Role: Co-Investigator

Goal: The goal of the study is to evaluate the efficacy of a seed-to-plate garden and nutrition education intervention to improve overall health and wellness of UTHealth Employees

Invited Presentations:

1. **Piga-Plunkett, JM.** Malnutrition and NFPE, Putting the Pieces Together, Methodist Hospital TMC, Houston, TX, October 26, 2018.
2. **Piga-Plunkett, JM.** Nourishing from Seed to Plate to Prevention in Dietetics Education, Academy of Nutrition and Dietetics-Food and Nutrition Conference, Washington DC, October 21, 2018.
3. **Piga-Plunkett, JM.** Malnutrition and NFPE, Putting the Pieces Together, Methodist Hospital West, Houston, TX, March 5, 2018.

4. **Piga-Plunkett, JM.** Malnutrition, Putting the Pieces Together. Texas Academy of Nutrition and Dietetics, SE Region Winter Seminar, Houston, TX January 20, 2018.
5. **Piga-Plunkett, JM.** *Culinary Medicine*. Summer Health Professions Education Program (SHPEP). Presented at UTHHealth School of Public Health. Houston, TX, June 13, 2017.

Media:

- “Promoting Health through cooking”. *TMC Pulse Magazine, May 2017*
- “12 Most Filling Fruits and Vegetables, According to Nutritionist” *Reader’s Digest, March 2017*
- “11 Tricks to Eat Healthy Without Even Trying” *Reader’s Digest, February 2017*
- UTHHealth School of Public Health Opens New “Seed to Plate” Facilities. *TMC Pulse Magazine, November 2016*
- Food Coma: The Truth about Turkey and Tryptophan, *TMC Pulse Magazine November 2016*

Honors and Awards:

2014 UTHHealth School of Public Health Outstanding Preceptor Award

2002 University of Houston Outstanding Preceptor Award

Professional Affiliations:

- Academy of Nutrition and Dietetics (AND)
- Houston Academy of Nutrition and Dietetics (HAND)
- Texas Academy of Nutrition and Dietetics (TAND)