

NAME: Rupa Mahadevan

TITLE: Assistant Professor Med-Peds, Integrative Survivorship and Lifestyle Clinic

OFFICE ADDRESS: UT Health Science Center
Department of Pediatrics
6432 Fannin, Houston, TX 77225

BIRTHDATE: March 12, 1984

Citizenship: USA

UNDERGRADUATE EDUCATION: George Washington University,
Washington, DC
Degree: BBA, 2006

GRADUATE EDUCATION: George Washington University Health Science Center
Washington, DC
Degree: MD 2013

POST GRAD EDUCATION: Advocate Children's Hospital,
Resident in Pediatrics, 2013-2016, ABP, FAAP
Northwestern University Osher Center for Integrative Medicine,
ABIOM
University of Arizona Center for Integrative Medicine, ABOIM

ACADEMIC APOINTMENTS: Director of Education, Northwestern Osher Center
Department of Integrative Medicine
Northwestern Osher Center for Integrative Medicine, 2017-2019
Director of Integrative Oncology Survivorship Program
LSU- Ochsner Center for Health, Shreveport, LA
LSU, 2019-2023

LICENSURE: Texas, 2021 (S6681)

CERTIFICATION: American Board of Pediatrics, 2016 (recertification 2026)
American Board of Integrative Medicine, 2018

PROFESSIONAL ORGANIZATIONS:

Member- American Academic of Pediatrics
Fellow- American Academy of Pediatrics
Member- AAP Section of Integrative Medicine
Member: Integrative Oncology Working Group
Member Advisor: Partnership for a Healthier America
Member Advisor: LilGourmet Baby Food
Member: EKAA Center for Clinical Hypnosis

HONORS AND AWARDS;

Chicago Top Physicians, Chicago Magazine 2017-2018
Culinary Medicine program Co-creator Cooking Up Health for Northwestern University, 2017
Partnership for a Healthier America: Board of Advisors, 2019-present
EKAA Clinical Hypnotherapy Trainer and Advisor, 2020-present

SERVICE ON NORTHWESTERN COMMITTEES:

Culinary Medicine Specialist and Educator, 2016-2019
Resident Integrative Medicine Elective Coordinator, 2017-2019

SERVICE ON LSU COMMITTEES:

Faculty Advisor for Physician Wellness Committee, 2019-2023
Integrative Medicine Elective Coordinator, 2019-2023
Physician Advisor- Culinary Medicine Student Group, 2019-2023
Physician Advisor- Growing for Good, 2019-2023
Physician Advisor- Lifestyle Medicine Interest Group, 2019-2023
Physician Advisor- Movement and Medicine Interest Group, 2019-2023

SERVICE TO THE COMMUNITY:

Culinary Medicine Educator- Growing for Good, 2019-2021
Common Threads Educator- Public Education in Chicago Public Schools, 2016-2019
Consulting Pediatrician, Partnership for a Healthier America 2020-present
Heart to Heart Foundation, Volunteer, 2019-present
Food for the Homeless, Volunteer, 2012-present

PUBLICATIONS:

1. Katz, David, Essel, Kofi, Mahadevan, Rupa, Nutrition in Clinical Practice, Infant Development and Nutrition, 4th edition, 2022.
2. Grewal US, Brown T, Mudigonda GR, Davila-Chapa C, Thotamgari SR, Crooms C, Singh JS, Mahadevan R. Using Shared Medical Appointments for Delivering Patient-Centered Care to Cancer Survivors: A Feist-Weiller, Cancer Center Pilot Study. J Patient Exp. 2022 Jan 13;9.

3. Ring M, Mahadevan R. Introduction to Integrative Medicine in the Primary Care Setting. Prim Care. 2017, Jun;44(2):203-215.
4. Ring M, Cheung E, Mahadevan R, Folkens S, Edens N. Cooking Up Health: A Novel Culinary Medicine and Service Learning Elective for Health Professional Students. J Altern Complement Med. 2019 Jan;25(1):61-72.
5. Victorson D, Beaumont JL, Mahadevan R, Grimone A, Burns V, Murry W, Gutierrez S, Schuette S, Brady C, Ring M. Acupuncture-Related Quality of Life Changes Using PROMIS Computer Adaptive Tests in a Pragmatic Trial with Oncology and General Integrative Medicine Patients: The Role of Baseline Acupuncture Expectations. J Altern Complement Med. 2016 Oct;22(10):778-787.

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