Join us in celebrating the 2024 National Public Health Week, April 1-7! Register for the free and live events hosted by the American Public Health Association.

Space is limited for some live events, but all events will be recorded and freely available to the public.

Get ready for the first Texas Fruit and Vegetable Day on Friday, April 5! The 2023 Texas Legislature designated the first Friday in April as Texas Fruit and Vegetable Day in public schools. The event promotes awareness of the health benefits of eating fruits and vegetables at school and the impact healthy foods have on student success. School nutrition teams can use Texas Department of Agriculture (TDA) resources and their own creativity as they encourage students to eat their fruits and vegetables! Explore TDA materials here.

Let’s get moving on World Physical Activity Day, Saturday, April 6!

The U.S. National Physical Activity Plan provides a societal sector roadmap for improving physical activity in the United States. The past Active Texas 2030 webinar series led by Dr. Harold W. (Bill) Kohl III for the Michael & Susan Dell Center for Healthy Living highlighted each societal sector’s recommended strategies and tactics and provided contexts for adapting the U.S. National Physical Activity Plan to create Active Texas 2030, a state plan for all Texans.
Tucker’s Law & Best Practices in Youth Substance Misuse Prevention

April 2, 2024
1-2 PM CT

Texas and other states have recently enacted legislation mandating substance misuse prevention education in schools, due to the dangerous rise of fentanyl and other substance use among youth. This webinar will cover:

- The provisions of Tucker’s Law in Texas
- Resources offered by CATCH Global Foundation to meet its requirements
- Best practices in youth substance misuse prevention drawn from behavioral theory and practice

This webinar is co-hosted by the Michael & Susan Dell Center for Healthy Living at the UTHealth Houston School of Public Health in Austin and CATCH Global Foundation.

Best Practices in Youth Nutrition Education

April 16, 2024
12-1 PM CT

Join CATCH Global Foundation for a panel discussion with Dr. Deanna Hoelscher, a youth nutrition education expert who has led multiple CATCH scientific studies. Participants will learn about current and emerging trends and best practices shaping youth nutrition education.

This webinar is co-hosted by the Michael & Susan Dell Center for Healthy Living at the UTHealth Houston School of Public Health in Austin and CATCH Global Foundation. This webinar is sponsored by Quest Food Management Services.

TX RPC Project Health Policy Resources

Maternal & Child Health

Released March 8, 2024

Non-Medical Drivers of Health

Released March 8, 2024
The quality of a mother's pregnancy impacts the health of the mother and their children. The maternal mortality rate in Texas is 20.2 per 100,000 live births. But 90% of the leading causes of death are preventable. Expanding access to maternal healthcare, creating a broader maternal care workforce, and increasing the availability of maternal health data could support the well-being of Texas women and children.

Non-medical drivers of health are conditions in which people are born, grow, live, work, and age that contribute to health outcomes.

- Non-medical drivers of health are conditions in which people are born, grow, live, work, and age that contribute to health outcomes.
- Access to food and healthcare, income, education, and housing environment are the most crucial non-medical drivers of health contributing to Texans' healthcare costs.
- We can improve overall health by enhancing community conditions that target non-medical drivers of health through laws, policies, and community partnerships.

The TX RPC Project develops accessible and accurate public health policy-related resources from field
experts. If you would like to request information on a public health topic, please complete the following form:

Access the Request Form

See below for links to specific resource categories on our website:

- Health Policy Resources
- Michael & Susan Dell Center for Healthy Living Webinars
- TX RPC Project Newsletters Archive
- Texas Legislative Bill Tracker
- Texas Child Health Status Reports and Toolkits
- Newsletter Resource Sharing Form for Publication

About TX RPC Project

The Texas Research-to-Policy Collaboration (TX RPC) Project is a nonpartisan network that aims to bridge research and policy by supporting partnerships between child health researchers and legislators.

The TX RPC Project team and overall network are available to support Texas legislators with informational requests or resources related to health during the interim and in preparation for the 2025 Legislative Session.

If you and your legislative office are interested in collaborating with our team to receive data-driven information at state, district, and local levels, please reach out to TXRPCNetwork@uth.tmc.edu.

Contact Our Team

For more information, email TXRPCNetwork@uth.tmc.edu.

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