We're Moving!

We're thrilled to announce that we're on the move! After much anticipation, the UTHealth Houston School of Public Health in Austin is relocating to a new space on Martin Luther King Jr. Blvd. and San Jacinto Blvd. You will find us settled in our new space in June!

We will host an open house in early fall! Stay tuned for a save-the-date. Additionally, as we are in the phase of moving, please expect delays in correspondence and requests.

We look forward to continuing to support Texas policymakers’ legislative priorities and provide data-driven, evidence-based health information to improve the health of all Texans!

Lunch & Learn Event Highlights
The most recent TX RPC Project Lunch & Learn presentation by Drs. Divya Patel (right) and Patrick Ramsey (left) discussed trends and prevention opportunities for Congenital Syphilis in Texas.

Our next Lunch & Learn will be Wednesday, June 12, 2024, 11:15 AM-12:30 PM, covering the Texas School Physical Activity and Nutrition Survey. As usual, lunch will be provided!

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**TX RPC Project Health Policy Resources**

Checking out our women's health-related reports, to celebrate the National Women's Health Week!

- **Congenital Syphilis**
  - Released February 16, 2024

- **Maternal & Child Health**
  - Released March 8, 2024
The Day-Level Association Between Child Care Attendance and 24-Hour Movement Behaviors in Preschool-Aged Children

- Physical activity (PA), screen time, and sleep are movement behaviors, each independently and collectively affecting health outcomes in preschoolers (3-5 years old).
- It is recommended that preschoolers should accumulate at least 60 minutes of moderate to vigorous PA per day, ≤1 hour of screen time per day, and 10-13 hours of sleep per night. However, only 11.3% of preschoolers met all 3 recommendations simultaneously.
- Kids who engage in structured environments generally engage in healthier behaviors. Center-based child care is the most common form of structure for preschool-aged children. This study explored whether attending child care affects these 3 movement behaviors among preschoolers.
- Preschoolers who attended more hours of child care had less overall screen time. On average, preschoolers spent 5 hours per day in child care; for every additional hour of attendance above the average, preschoolers had 0.3 hours less screen time that day.
- Leveraging existing infrastructure, including financial assistance for families to attend child care or increasing open hours of child care, could be strategies that promote child health behaviors.

National Women’s Health Week

The National Women’s Health Week (NWHW) takes place May 12-18, 2024, this year, highlighting women’s health issues and priorities and encouraging women of all ages to prioritize their physical, mental, and emotional well-being. Each day of this observance week spotlights a different and timely women’s health topic and provides engaging resources to spread the #NWHW messages. For more information about virtual events, explore the daily topics, and access the ready-to-use toolkit.
Pediatric Brain Health Initiative Webinar

Challenges and Opportunities in Meeting the Mental Health Needs of Families in the Perinatal Period
May 22, 2024, 12-1:30 PM CT

The Pediatric Brain Health Initiative's series will continue with this second webinar that covers:
• Dr. Darius Tandon's extensive research on perinatal mental health prevention.
• Mothers and Babies program, including the journey of research that paved the way.
• Evidence demonstrating the effectiveness of non-medical professionals in preventing depression.
• Significance of father-child relationship.

School Lunch Hero Day: 5/3/24

School Lunch Hero Day was May 3, a day to recognize school nutrition heroes for everything they do to build a healthy future for Texas children. Every school day, nutrition staff develop appealing menus, prepare meals that meet strict nutrition standards, and serve students with a smile. Thank you for providing 4.8 million healthy meals a day in the Lone Star State!

School Lunch Hero Day reminds parents, students, school staff, and communities to show their appreciation for the nutrition team’s commitment to being heroes and role models for Texas children. Everyone at the Texas Department of Agriculture wishes you a heart-warming, appreciation-filled, and well-deserved School Lunch Hero Day!

Resource Corner

The TX RPC Project develops accessible and accurate public health policy-related resources from field experts. If you would like to request information on a public health topic, please complete the following form:

Access the Request Form

See below for links to specific resource categories on our website:

- Health Policy Resources
- Michael & Susan Dell Center for Healthy Living Webinars
- TX RPC Project Newsletters Archive
- Texas Legislative Bill Tracker
- Texas Child Health Status Reports and Toolkits
- Newsletter Resource Sharing Form for Publication

About TX RPC Project
The Texas Research-to-Policy Collaboration (TX RPC) Project is a nonpartisan network that aims to bridge research and policy by supporting partnerships between child health researchers and legislators.

The TX RPC Project team and overall network are available to support Texas legislators with informational requests or resources related to health during the interim and in preparation for the 2025 Legislative Session.

If you and your legislative office are interested in collaborating with our team to receive data-driven information at state, district, and local levels, please reach out to TXRPCNetwork@uth.tmc.edu.

Contact Our Team

For more information, email TXRPCNetwork@uth.tmc.edu.

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