

QUARTERLY NEWSLETTER



Spring 2022

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## 1 EVENTS

**April 12, 2022**

**It's Time Texas Community Lab  
Data 101 Series**  
2:00pm CDT

Join It's Time Texas on **Tuesday, April 12th at 2:00 p.m.** for the first ever session of the **It's Time Texas Community Lab Data 101 Series**. During this **FREE, virtual** session, you'll develop a deeper understanding of different data collection methods and learn the importance of collecting information about barriers your community may be facing and how to utilize that data to positively impact your community. You'll also learn about a **BRAND NEW Social Determinants of Health Database** from the **University of Texas School of Public Health Center for Healthcare Data!**

[Register Here!](#)

**April 19, 2022**

**School Health Advocacy Summit**  
10am-12Noon MTN/11am-1pm CDT and 1-3pm MTN/2-4pm CDT

We are excited to be hosting this school health advocacy event. Learn about the key points you want to discuss when advocating on Vaping and Tobacco Prevention and Safe Routes to School. Get tips on parent advocacy from Texas PTA, and find out more about how to work through your School Health Advisory Council (SHAC) to advocate for topics like recess, quality school meals and other health issue.

## World Obesity Day 2022 Recap!

Live Smart Texas hosted a summit in observance of World Obesity Day (WOD) on Friday, March 4th from 10:00am - 1:30pm CT. The World Obesity Day Summit featured the following presentations:

- A Keynote presentation from Ted Kyle, RPh, MBA, founder of ConscienHealth titled "Obesity is Not What We Thought it Was, So Where Do We Go From Here?"
- Updates from LST Steering Committee Members from various regions and organizations in Texas.
- Presentation and Panel from Partnership for a Healthy Texas
- Presentation from Claire Niday of DSHS and Deanna M. Hoelscher, PhD, RDN, LD, CNS, FISBNPA on the new Texas SPAN data.

To view the full recording and presentation slides, click [here!](#)

In health,  
Leah & Emily  
Co-Chairs

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# RESOURCES

## LEARN MORE ABOUT ADVOCATING FOR HEALTHY KIDS!

If you were able to attend the Policy 101 workshop hosted by TX Action for Healthy Kids in March, you got some basic information on SHACs, what legislators want to hear, info on the Partnership for a Healthy Texas coalition and a bit about the basics on How to Advocate. For those who did not get to attend, view the recording [here!](#)

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The Michael & Susan Dell Center for Healthy Living has developed a series of toolkits to accompany the reports, *Healthy Children*, *Healthy State*, to raise awareness of child health risk factors in order to develop new programs and actions, and to build on current initiatives in Texas.

### [The Michael & Susan Dell Center's Texas Child Health Toolkit - Child Nutrition Toolkit](#)

Additionally, the Michael & Susan Dell Center has released a series of Child Health status reports that can be found [here](#). As well as the most recent release of the Child Physical Activity Report with updated TX SPAN data:

### [Child Health Status Report - Physical Activity](#)

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# WEBINARS

The Michael & Susan Dell Center for Health Living has an upcoming webinar to check out!

## **Integrating Digital Interventions with the Clinical Enterprise**

**April 26, 2022|12:00pm – 1:00pm (CDT)**

[Register here.](#)

The uptake of informatics solutions in clinical care (e.g., Electronic Health Record systems) combined with the ubiquity of smartphones and wearable devices has led to an exponential growth of digital health solutions. Digital health is broadly defined as the development of, and use of IT, software, hardware, and other mobile health (mHealth) technologies, and their integration, to improve care, access to care, and health more generally. There is a particular emphasis put on the development and use of mHealth solutions as there is substantial evidence that they can be used effectively to increase patient empowerment, in particular for patients for whom involvement in their care is associated to improved health outcomes. However, the integration of such methodologies with the clinical enterprise is often times not carefully planned, largely due to its complexity. In this webinar, we discuss general guidelines to achieve this integration.

**Speaker:** François Modave, PhD, Professor, Department of Biostatistics and Data Science, UTHealth Center for Community Health Impact

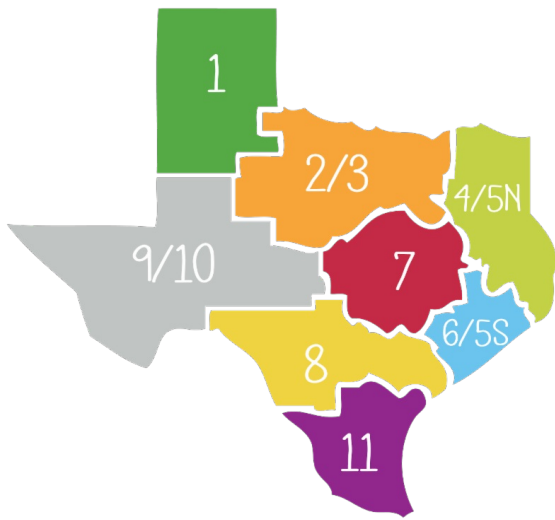
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To view other past webinars, visit The Michael & Susan Dell Center for Healthy Living [website!](#)

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# REGIONAL REPRESENTATIVES

**Region 1:** Dr. Naima Moustaid-Moussa, Texas Tech University ([naima.moustaid-moussa@ttu.edu](mailto:naima.moustaid-moussa@ttu.edu))



**Region 2/3:** Victoria Nelson, Children's Health  
- Dallas ([Victoria.Nelson@Childrens.com](mailto:Victoria.Nelson@Childrens.com))

**Region 4/5N:**

Paula Butler, MAg, RDN, LD, Texas A&M  
AgriLife Extension Service  
([pibutler@ag.tamu.edu](mailto:pibutler@ag.tamu.edu))

**Region 6/5S:** LaPorcha Carter, Harris County  
Public Health ([LaPorcha.Carter@phs.hctx.net](mailto:LaPorcha.Carter@phs.hctx.net))

**Region 7:** Kara Prior Hanaoka, IT'S TIME  
TEXAS ([kara@itstimetexas.org](mailto:kara@itstimetexas.org))

**Region 8:** Denise Benoit-Moctezuma, City of  
San Antonio Metropolitan Health District  
([Denise.Benoit-Moctezuma@sanantonio.gov](mailto:Denise.Benoit-Moctezuma@sanantonio.gov))

**Region 9/10:** Pema Garcia, Texas A&M  
University ([pgarcia@arch.tamu.edu](mailto:pgarcia@arch.tamu.edu))

**Region 11:** Dr. Belinda Reininger, UTSPH  
Brownsville  
([Belinda.M.Reininger@uth.tmc.edu](mailto:Belinda.M.Reininger@uth.tmc.edu))