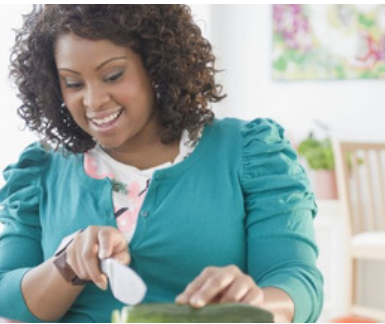




Fit City Tyler's 5th Annual



Lighten Up East Texas

Participants will receive entries into the prize drawings for every 5% of weight loss. A starting weight is registered at the official weigh-in. The weigh-out will measure the number of pounds lost and qualify participants for the prize drawings.

Grand Prize:

\$5,000 CASH

To one male and one female drawn randomly from qualified participants.



\$1,000 Brookshire gift cards

Other Prizes Include



\$1,000 Broadway Square Mall makeover

FREE ONLINE WEIGHT TRACKER BROUGHT TO YOU BY:

**IT'S TIME TEXAS
COMMUNITY
CHALLENGE**



**Proudly
Sponsored by:**

CENTENE
Corporation

tylertoday
Tyler's oldest and only city magazine, since 1989

NET HEALTH
NORTHEAST TEXAS PUBLIC HEALTH DISTRICT

Tyler Morning Telegraph
TylerPaper.com

La Invasora
96.7

THE RANCH
KKUS • 104.1

kykx
105.7

Sunny 106.5
www.kool.com

the Y
YMCA OF TYLER, INC.

19
KYTX

neighbors
EMERGENCY CENTER

UnitedHealthcare

BGC
BROOKSHIRE
GROCERY COMPANY

MEGA
99.3 FM

THE BLAZE
102.7 & 106.9

FLIGHT FOR LIFE

Cigna

TYLER
A Natural Beauty

CHRISTUS
TRINITY MOTHER FRANCES
Health System

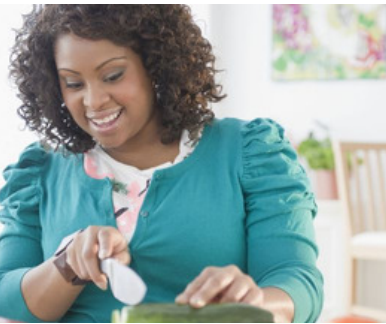
SOUTHSIDE BANK
Member FDIC

Bronze Sponsors: Tyler ISD, Oncor, Broadway Square Mall, Smoothie King, UT Health Northeast, East Texas Medical Center, Texas Spine and Joint Hospital

Copper Sponsors: Fit City Foods, East Texas Food Bank, Natural Grocers, Area Agency on Aging, Alzheimer's Alliance of Smith County, Carter Blood Care, Tyler Kung Fu and Fitness

For a list of weighing locations throughout Northeast Texas and operating times, please go to the Lighten Up East Texas website.

www.LightenUpEastTexas.com



Fit City Tyler's 5th Annual Lighten Up East Texas

Los participantes recibirán entradas en el gran sorteo de premios por cada 5% de pérdida de peso. Un peso inicial se registrara en el pesaje oficial. El pesaje final medirá el número de libras perdidas y calificará a los participantes para el sorteo de premios.

Gran Premio:

\$5,000 CASH

A un macho y una hembra extraídos aleatoriamente de participantes calificados



\$1,000 Brookshire tarjetas de regalo

Otros premios Incluyen



\$1,000 Broadway Square Mall cambio de imagen

PERSEGUIDOR DE PESO EN
LÍNEA GRATIS TRAÍDO A USTED

POR:

IT'S TIME TEXAS
COMMUNITY
CHALLENGE



**Orgullosamente
patrocinado por:**

CENTENE
Corporation

tylertoday
Tyler's oldest and only city magazine, since 1989.

NET HEALTH
NORTHEAST TEXAS PUBLIC HEALTH DISTRICT

Tyler Morning Telegraph
TylerPaper.com

La Invasora
96.7

THE RANCH
KKUS • 104.1

kykx
105.7

Sunny
106.5
www.kool.com

the Y
YMCA OF TYLER, INC.

19
KYTX

neighbors
EMERGENCY CENTER

UnitedHealthcare

BGC
BROOKSHIRE
GROCERY COMPANY

MEGA
99.3 FM

THE BLAZE
102.7 & 106.9

FLIGHT FOR LIFE

Cigna

TYLER
A Natural Beauty

CHRISTUS
TRINITY MOTHER FRANCES
Health System

SOUTHSIDE BANK
Member FDIC

Los Patrocinadores de Bronce: Tyler ISD, Oncor, Broadway Square Mall, Smoothie King, UT Health Northeast, East Texas Medical Center, Texas Spine and Joint Hospital

Los Patrocinadores de Cobre: Fit City Foods, East Texas Food Bank, Natural Grocers, Area Agency on Aging, Alzheimer's Alliance of Smith County, Carter Blood Care, Tyler Kung Fu and Fitness

Para obtener una lista de los lugares y horarios, por favor vaya a LightenUpEastTexas.com.

www.LightenUpEastTexas.com