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QUARTERLY NEWSLETTER



Spring 2019

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**April 23, Austin, TX**

[13th Annual Michael & Susan Dell Center Lectureship in Child Health](#)

This year's Lectureship features Dr. Ross C Brownson, PhD, the Lipstein Distinguished Professor of Public Health at Washington University in St. Louis. He studies the translation of evidence to public health practice and policy, with a content focus on environmental and policy determinants of chronic diseases.

May 1-3, Ft Worth, TX

[2019 National Health Outreach Conference](#)

Live Smart Texas News

The 86th Texas Legislative Session is in full swing, and several of our members have resources to keep you up-to-date on what is happening in the Capitol.

The Partnership for a Healthy Texas has set their priorities for the 2019 session. Click [here](#) to learn more, along with policy recommendations for key priorities. Later this month, we will be hosting a [webinar](#) with the Partnership for a Healthy Texas on how non-profits and state employees can support the Partnership agenda.

The Michael & Susan Dell Center for Healthy Living's [Legislative Tracker](#) is live. Follow along as they track legislation related to obesity, active transportation & built environment, food policy, school & afterschool care, early childcare education, maternal & child health, and tobacco & e-cigarettes.

In health,
Diane & Leah
Co-Chairs

REGIONAL UPDATES**HSR 1**

[Amarillo child obesity rates rise over past decade](#)
KFDA Amarillo

HSR 7

[Harmony Science Academy's GrowingU gets greenhouse help from Texas A&M volunteers](#)
Bryan-College Station Eagle

Annual meeting that will highlight health promotion efforts in real-world practice, research, and multi-sector collaborations. The meeting will include presentations from public health leaders across sectors and cultures, panel discussions, interactive workshops, skill building sessions, and networking opportunities.

May 8, Lubbock, TX
[Obesity Research Cluster 5th Annual Meeting](#)

Annual meeting showcasing clinical and community translational research to prevent and treat Obesity with its related complications, using innovative collaborations and strategic partnerships.

May 16, Houston, TX
[Combating Childhood Obesity Summit](#)

The US News & World Report will convene a National Childhood Obesity Summit at Texas Children's Hospital featuring some of the nation's leading experts in obesity.

[UTHealth receives \\$3.7 million to evaluate City of Austin's childhood obesity prevention efforts](#)

The Daily Texan

HSR 8

[San Antonio nonprofit fighting childhood obesity epidemic through culinary program](#)

KENS5 San Antonio

HSR 9/10

[County of El Paso creates first county-led healthy food financing initiative in the county](#)

Paso Del Norte Institute for Healthy Living



[School Grants for Healthy Kids](#)

Action for Healthy Kids

Deadline: April 5

Small Grants

Clif Bar Family Foundation

Deadline: Jun 1

[Evidence in Action: Investigator-Initiated Research to Build a Culture of Health](#)

Robert Wood Johnson Foundation

Deadline: Open



RESOURCES

Action for Healthy Kids has several [resources](#) available **to help you host an Every Kid Healthy Event at your school**, including a planning timeline and checklist, event flyers, and media alert templates.

The Michael & Susan Dell Center for Healthy Living has released a **new one-pager on the child obesity crisis in Texas** - [Child Obesity Crisis in Texas](#) - as part of their new Texas Child Health Status Report Project.

The Safe Routes to School National Partnership has released a [report](#) that will help health professionals and others understand the **need for robust active transportation financing**,

what the evidence shows, and how to use funding to create healthy, active communities.



Speak Up! You CAN Make a Difference

Live Smart Texas

Thursday, March 28, 2019 11:30 AM - 12:30 PM CT

Have you wondered what your role should be in passing new laws? Do you feel like you cannot participate or are not sure exactly what or when you should do something? the Partnership for a Healthy Texas is the advocacy arm of Live Smart Texas. The Partnership represents over 50 organizations that are working to pass legislation to help prevent obesity. Two of our Partnership steering committee members will share their knowledge and advice on how you and your organization can best support good policy, particularly those that focus on obesity prevention.

Presenters:

Joel Romo, President, Texana Public Affairs

Tim Schauer, Senior Vice President, Cornerstore Government Affairs

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10 Things to Know About Adverse Childhood Experiences

Live Smart Texas

Wednesday, April 3, 2019 12:00 - 1:00 PM CT

Childhood trauma is a critical public health issue. Referred to as Adverse Childhood Experiences (ACEs), ACEs are stressful and traumatic events, such as abuse or neglect, that have been linked to poor life-long health outcomes. As the number of ACEs increases, so does the likelihood for developing chronic diseases like diabetes, heart disease, and cancer, as well as risky health behaviors; low life potential; and early death. During this presentation, attendees will be introduced to ACEs, the impact they have on health, and what can be done to overcome them.

Presenter:

Colleen M Bridger, PhD, MPH, Director, City of San Antonio Metropolitan Health District

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SHACs in Austin - Wellness Policies 101

Texas Action for Healthy Kids

Tuesday, April 9, 2019 11:30 AM - 12:30 PM CT

Did you know all school districts who participate in the federal school meal program are required to have a wellness policy, share it with the public, and show how they are implementing it? What exactly goes into a wellness policy? How do you make it stronger? How do you get buy-in from administrators and parents? Join us to learn about the tips and resources to help your SHAC update your local wellness policy.

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The Michael & Susan Dell Center for Healthy Living has [archived webinars](#) on their website. Recent webinars include the first of our LST Webinar Series, Misconceptions About Obesity.

PUBLICATIONS

[Bikeability: Assessing the Objectivity Measured Environment in Relation to Recreation and Transportation Bicycling](#)

(Porter AK, Kohl HW III, Perez A, Reininger B, Gabriel KP, Salvo D, Environ Behav)

[Perceived Parental and Peer Social Support is Associated with Healthier Diets in Adolescents](#)

(Haidar A, Ranjit N, Saxton D, Hoelscher DM, J Nutr Ed Behav, Jan 2019)

[Development and Use of an Index for Measuring Implementation of a Weight Management Program in Children in Primary Care Clinics in Texas](#)

(Salahuddin M, Barlow SE, Pont SJ, Butte NF, Hoelscher DM, BMC Family Practice, Dec 2018)

[Effect of Media Use on Adolescent Body Weight](#)

(Salahuddin M, Barlow SE, Pont SJ, Butte NF, Hoelscher DM, BMC Family Practice, Dec 2018)

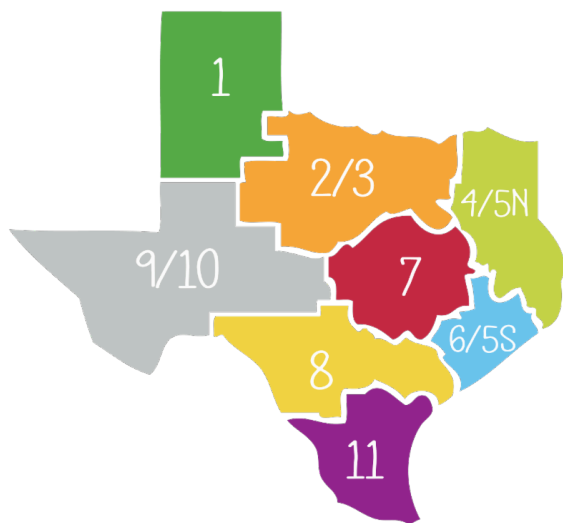
[Association between Fruit and Vegetable Intake and Symptoms of Mental Health Conditions in Mexican-Americans](#)

(Wu S, Fisher-Hoch S, Reininger B, McCormick JB, Health Psychology, 2018)

[The Nourish Program: An Innovative Model for Cooking, Gardening and Clinical Care Skill Enhancement for Dietetics Students](#)

(McWhorter JW, Raber M, Sharma SV, Moore LS, Hoelscher DM, J Academy Nutr Dietetics, 2018)

REGIONAL REPRESENTATIVES



Region 1: Dr. Naima Moustaid-Moussa, Texas Tech University (naima.moustaid-moussa@ttu.edu)

Region 2/3: Daniel Bouton, Community Council (dbouton@ccadvance.org)

Region 4/5N: Terrence Ates, Northeast Texas Public Health District (tates@netphd.org)

Region 6/5S: OPEN

Region 7: Kristen Nussa, IT'S TIME TEXAS (kristen@itstimetexas.org)

Region 8: Kathy Shields, San Antonio Metropolitan Health District (kathleen.shields@sanantonio.gov)

Region 9/10: OPEN

Region 11: Dr. Belinda Reininger, UTSPH Brownsville (Belinda.M.Reininger@uth.tmc.edu)