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Live Smart Texas News

The 86th Texas Legislative Session is in full swing, and several of our members have resources to keep you up-to-date on what is happening in the Capitol.

The Partnership for a Healthy Texas has set their priorities for the 2019 session. Click here to learn more, along with policy recommendations for key priorities. Later this month, we will be hosting a webinar with the Partnership for a Healthy Texas on how non-profits and state employees can support the Partnership agenda.

The Michael & Susan Dell Center for Healthy Living’s Legislative Tracker is live. Follow along as they track legislation related to obesity, active transportation & built environment, food policy, school & afterschool care, early childcare education, maternal & child health, and tobacco & e-cigarettes.

In health,
Diane & Leah
Co-Chairs

REGIONAL UPDATES

HSR 1
Amarillo child obesity rates rise over past decade
KFDA Amarillo

HSR 7
Harmony Science Academy’s GrowingU gets greenhouse help from Texas A&M volunteers
Bryan-College Station Eagle
Annual meeting that will highlight health promotion efforts in real-world practice, research, and multi-sector collaborations. The meeting will include presentations from public health leaders across sectors and cultures, panel discussions, interactive workshops, skill building sessions, and networking opportunities.

**May 8, Lubbock, TX**  
**Obesity Research Cluster 5th Annual Meeting**  
Annual meeting showcasing clinical and community translational research to prevent and treat Obesity with its related complications, using innovative collaborations and strategic partnerships.

**May 16, Houston, TX**  
**Combating Childhood Obesity Summit**  
The US News & World Report will convene a National Childhood Obesity Summit at Texas Children's Hospital featuring some of the nation's leading experts in obesity.

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**FUNDING**

**School Grants for Healthy Kids**  
*Action for Healthy Kids*  
Deadline: April 5

**Small Grants**  
*Clif Bar Family Foundation*  
Deadline: Jun 1

**Evidence in Action: Investigator-Initiated Research to Build a Culture of Health**  
*Robert Wood Johnson Foundation*  
Deadline: Open

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**RESOURCES**

Action for Healthy Kids has several resources available to help you host an Every Kid Healthy Event at your school, including a planning timeline and checklist, event flyers, and media alert templates.

The Michael & Susan Dell Center for Healthy Living has released a new one-pager on the child obesity crisis in Texas - *Child Obesity Crisis in Texas* - as part of their new Texas Child Health Status Report Project.

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The Safe Routes to School National Partnership has released a report that will help health professionals and others understand the need for robust active transportation financing,
what the evidence shows, and how to use funding to create healthy, active communities.

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**WEBINARS**

**Speak Up! You CAN Make a Difference**
Live Smart Texas  
**Thursday, March 28, 2019  11:30 AM - 12:30 PM CT**
Have you wondered what your role should be in passing new laws? Do you feel like you cannot participate or are not sure exactly what or when you should do something? the Partnership for a Healthy Texas is the advocacy arm of Live Smart Texas. The Partnership represents over 50 organizations that are working to pass legislation to help prevent obesity. Two of our Partnership steering committee members will share their knowledge and advice on how you and your organization can best support good policy, particularly those that focus on obesity prevention.

Presenters:  
Joel Romo, President, Texana Public Affairs  
Tim Schauer, Senior Vice President, Cornerstore Government Affairs

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**10 Things to Know About Adverse Childhood Experiences**
Live Smart Texas  
**Wednesday, April 3, 2019 12:00 - 1:00 PM CT**
Childhood trauma is a critical public health issue. Referred to as Adverse Childhood Experiences (ACEs), ACEs are stressful and traumatic events, such as abuse or neglect, that have been linked to poor life-long health outcomes. As the number of ACEs increases, so does the likelihood for developing chronic diseases like diabetes, heart disease, and cancer, as well as risky health behaviors; low life potential; and early death. During this presentation, attendees will be introduced to ACEs, the impact they have on health, and what can be done to overcome them.

Presenter:  
Colleen M Bridger, PhD, MPH, Director, City of San Antonio Metropolitan Health District

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**SHACs in Austin - Wellness Policies 101**
Texas Action for Healthy Kids  
**Tuesday, April 9, 2019 11:30 AM - 12:30 PM CT**
Did you know all school districts who participate in the federal school meal program are required to have a wellness policy, share it with the public, and show how they are implementing it? What exactly goes into a wellness policy? How do you make it stronger? How do you get buy-in from administrators and parents? Join us to learn about the tips and resources to help your SHAC update your local wellness policy.

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The Michael & Susan Dell Center for Healthy Living has [archived webinars](https://myemail-api.constantcontact.com/Live-Smart-Texas-Newsletter--Spring-2019.html?oid=1104667041992&aid=khZo5Tznpc4) on their website. Recent webinars include the first of our LST Webinar Series, Misconceptions About Obesity.
PUBLICATIONS

Bikeability: Assessing the Objectivity Measured Environment in Relation to Recreation and Transportation Bicycling
(Porter AK, Kohl HW III, Perez A, Reininger B, Gabriel KP, Salvo D, Enivron Behav)

Perceived Parental and Peer Social Support is Associated with Healthier Diets in Adolescents

Development and Use of an Index for Measuring Implementation of a Weight Management Program in Children in Primary Care Clinics in Texas
(Salahuddin M, Barlow SE, Pont SJ, Butte NF, Hoelscher DM, BMC Family Practice, Dec 2018)

Effect of Media Use on Adolescent Body Weight
(Salahuddin M, Barlow SE, Pont SJ, Butte NF, Hoelscher DM, BMC Family Practice, Dec 2018)

Association between Fruit and Vegetable Intake and Symptoms of Mental Health Conditions in Mexican-Americans

The Nourish Program: An Innovative Model for Cooking, Gardening and Clinical Care Skill Enhancement for Dietetics Students

REGIONAL REPRESENTATIVES

Region 1: Dr. Naima Moustaid-Moussa, Texas Tech University (naima.moustaid-moussa@ttu.edu)
Region 2/3: Daniel Bouton, Community Council (dbouton@ccadvance.org)
Region 4/5N: Terrence Ates, Northeast Texas Public Health District (tates@netphd.org)
Region 6/5S: OPEN
Region 7: Kristen Nussa, IT’S TIME TEXAS (kristen@itstimetexas.org)
Region 8: Kathy Shields, San Antonio Metropolitan Health District (kathleen.shields@sanantonio.gov)
Region 9/10: OPEN
Region 11: Dr. Belinda Reininger, UTSPH Brownsville (Belinda.M.Reininger@uth.tmc.edu)