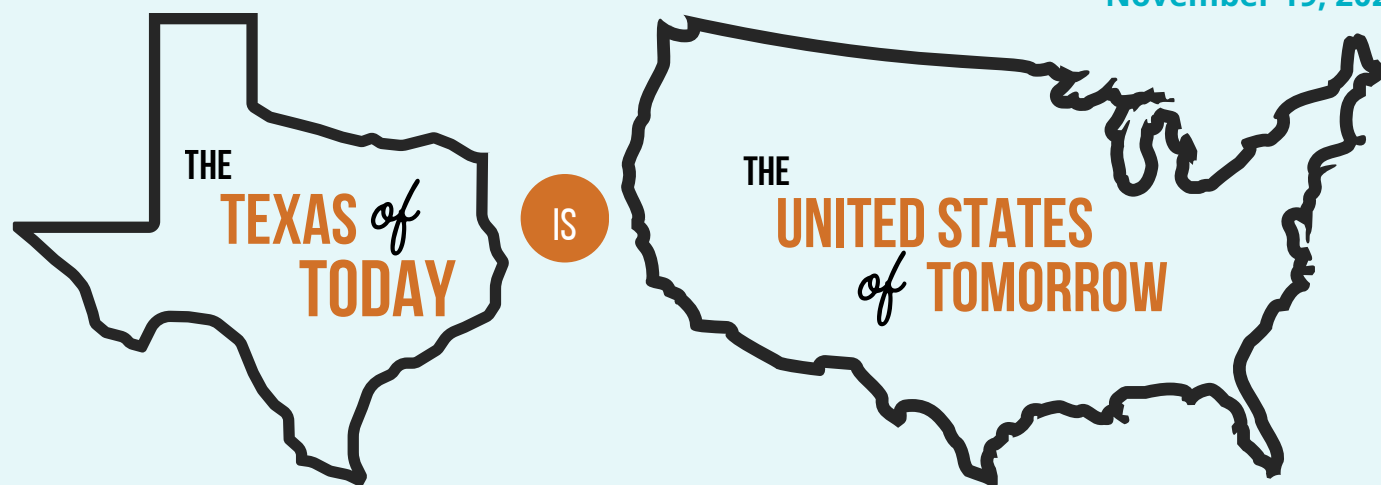
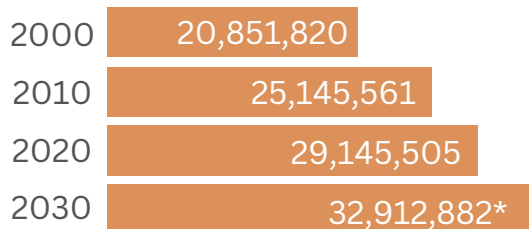




Texas' growing and diverse population, geography, and array of cultures are only a few of the benefits that make the Lone Star State an ideal place to conduct public health research.

TEXAS' POPULATION *is* RAPIDLY GROWING

TEXAS' POPULATION OVER TIME



Texas added roughly 8.3 million residents between 2000- 2020.

*Projected

2024 POPULATION:**

31,290,831

**As of October 23, 2025

TEXAS HAS THE
LONGEST BORDER
WITH MEXICO.

1,254
MILES

Texas has a greater population than 18 states and D.C., combined.

- WY • NH
- VT • HI
- DC • WV
- AK • ID
- ND • NE
- SD • NM
- DE • MS
- RI • KS
- MT • AR
- ME

TEXAS *is* UNINSURED

Texas has a larger proportion than any other state of residents without health insurance at 16.4%.



Between 2022-2023, Texas added an average of **1,500** new residents a day.

TEXAS *is* YOUNG

RACE ETHNIC DIVERSITY

among Texas youth



48.6%

Hispanic or Latino

29.3%

White (non-Hispanic)

11.9%

Black or African-American

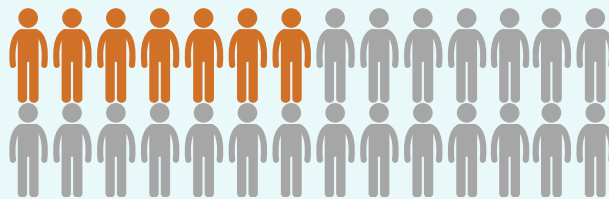
4.9%

Asian

0.1%

American Indian

In 2024, Texas had over **31.2 million people**;



7.5 million of them are under the age of 18.

ONE FOURTH of Texas' residents are children.

ONE HALF of Texas' residents are Millennials and Gen Z.

Median age
39 US
35.5 TX

More than a **quarter** of all children in the U.S. are Hispanic or Latino.



About **half** of the children in Texas are Hispanic or Latino.

From 2021 through
2024,* roughly

10%

U.S. births
occurred in Texas.
*preliminary data



DID YOU KNOW?

Texas has the **second-largest population** of children under 18, representing **10%** of all children in the U.S.

Nearly **1 out of every 3 households** in Texas is home to families with children under 18.

Every **80 seconds** a child is born somewhere in Texas.

TEXAS *is* DIVERSE



VS



39.8% HISPANIC **19.5%**
38.7% WHITE **59.8%**

IN 2023 Hispanics accounted for the largest share of Texas' population **for the first time.**

As of 2025, Hispanic women make up **the largest demographic group** in Texas.

RACE ETHNIC DIVERSITY



among Texas adults

39.8%

Hispanic or Latino

38.7%

White (non-Hispanic)

12.0%

Black or African-American

5.6%

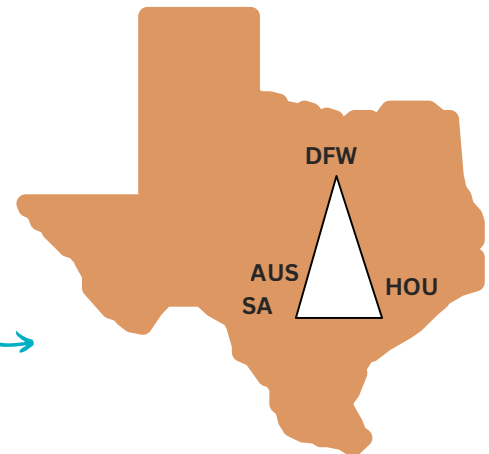
Asian

1.0%

American Indian

TEXAS *is* RURAL

3 out of 10 Texans live in places other than the state's major metropolitan areas, which connect to form the **Texas Triangle.**



FIVE MILLION

Texas residents live in **rural** areas of the state.

Texas has the **largest rural population** of any other state.



In Texas, there are 32 counties with **no primary care doctor** and 74 counties that **do not have a hospital.**

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Sources: U.S. Census Bureau, American Community Survey, Office of Juvenile Justice and Delinquency Prevention, Centers for Disease Control and Prevention, Texas 2036, Texas Demographic Center

UTHealth Houston
School of Public Health

