

Culinary Nutrition and Public Health

This certificate is designed to prepare those in public health and healthcare to understand the role of nutrition in disease prevention and health promotion, dietary assessment, food and nutrition policy, an overview of organic gardening practices, and culinary medicine.

Name: _____ Student ID Number: _____

Degree-Seeking & Non-Degree-Seeking Students Certificate Requirements

| Course | Credits | Title | Semester & Year | Grade | Notes |
|-------------------------|-----------|---|-----------------|-------|-------|
| Required Courses | | | | | |
| <i>12 credit hours</i> | | | | | |
| PHM 1232L | 3 | Public Health Nutrition Practice | | | |
| PHM 1110L | 3 | Health Promotion and Behavioral Sciences in Public Health | | | |
| PH 1237 | 1 | Obesity, Nutrition, & Physical Activity | | | |
| PH 5031 | 2 | Garden for Health | | | |
| PH 5032 | 2 | Culinary Medicine | | | |
| PH 5040 | 1 | Nutrition Research Methods | | | |
| Total Credits | 12 | | | | |

For course availability, including online offerings, please reference the [Course Rotation Schedule](#) and the [Interactive Course Schedule](#).

Culinary Nutrition and Public Health Coordinator: Shreela V. Sharma, PhD; Houston Campus and Department of Health Promotion and Behavioral Sciences; Shreela.V.Sharma@uth.tmc.edu

This certificate is only available at the Houston campus.