

## Nourish Program's Leftover Vegetable Salad

Yield: about 4 servings

Serving size: about 1 ½ cup

### Amount:

1 cup

1 cup

2 cups

1 can

¼ cup

### Ingredient:

Lettuce chopped (cabbage, romaine, mixed greens, spinach, kale, etc.)

Brown rice, Quinoa or other cooked grain (bulgur, farro, etc.)

Roasted vegetables (served hot or cold) (any variety of vegetable)

Pinto beans (15 oz), drained and rinsed (or another canned bean)

Toasted pepitas (or another nut)

### Method:

1. Chop greens into equal bite size pieces
2. Add ingredients and combine all salad ingredients in a large bowl
3. Toss with creamy orange chimichurri or your favorite salad dressing

### Helpful Tips:

- Utilize leftovers to build this salad
- Use any can of beans (kidney, black, white, etc.)
- Any roasted vegetable will work for this salad

### Equipment Needs:

- Large mixing bowl
- Measuring cup
- Strainer
- Can opener
- Rubber spatula
- Knife and cutting board
- Baking tray and parchment paper (optional)