Texas’ growing and diverse population, geography, and array of cultures are only a few of the benefits that make the Lone Star State an ideal place to perform public health research.

Texas’ Population is Rapidly Growing

Texas has a greater population than 19 states and D.C., combined.
- WY • NH
- VT • HI
- DC • WV
- AK • ID
- ND • NE
- SD • NM
- DE • MO
- RI • KS
- MT • AR
- ME • NV

Texas added roughly 8.3 million residents between 2000-2020. *Projected

Texas has the longest border with Mexico. 1,254 MILES

2023 Population: **

30,503,301

**As of July 1

Texas is uninsured

Texas has the largest number and percentage of residents without health insurance.

Between 2022-2023, Texas added an average of 1,297 new residents a day.
Texas is Diverse

In 2023, Texas had over 5.2 million foreign-born residents, representing 17.2% of the state's total population.

More than a quarter of all children in the U.S. are of Hispanic or Latino decent.

Between 2010 and 2020, there was a 2.6% rise in children who are Hispanic or Latino origin.

IN 2023 Hispanics accounted for the largest share of Texas' population, out numbering non-Hispanic whites for the first time.

Texas is Young

In 2023, Texas had over 30.5 million people; 7.56 million of them under the age of 18. One fourth of Texas' residents are under the age of 18.

DID YOU KNOW?

In 2021, 2022,* and 2023,* roughly one in ten U.S. births occurred in Texas. Texas has the second-largest population of children under 18. Nearly 1 out of every 3 households in Texas is home to families with children under 18. Every 90 seconds a child is born somewhere in Texas.

Sources: U.S. Census Bureau, American Community Survey, Office of Juvenile Justice and Delinquency Prevention, Centers for Disease Control and Prevention, Texas 2036, Texas Demographic Center