School Physical Activity and Nutrition (SPAN) Project

Parent Assent Form

Your Name:	
2nd Grade Child's Name:	
2nd Grade Child's School:	
2nd Grade Child's Teacher:	

Dear Parent:

This survey is being carried out in your 2nd grade child's school under the direction of the University of Texas School of Public Health and the Texas Department of State Health Services. We would like to ask you to take part by filling out this survey, which takes about 20 minutes. This will help us to better understand school programs that were created to improve the physical activity and eating behaviors of children in Texas.

The 2nd grade child's primary caregiver should complete the survey.

- The questionnaire asks about your 2nd grade child's and your own physical activity (exercise), eating habits in the school, neighborhood, and your household.
- There are no right or wrong answers.
- Participation is voluntary. Your choice to take part will not affect your child's grades in school or your child's ability to take part in any school activities.
- After you complete the questionnaire, this page with your names will be removed and kept confidential. Only a number will be used to identify you and your child.
- The information collected is private and will be kept in a secure location. It will be available only to scientists and their staff. At the end of the project it will be destroyed.
- The results of the study may be published, but we will never mention any student, parent, school name, or district name.
- You can skip a question if you do not want to answer it, and you may stop answering
 questions or taking part in this project at any time.
- There is no risk participating in this project.
- You have the right to review all student materials used in the project. Please see the Protection of Pupil Rights Act. 20 U.S.C. Section 1232(c)(1)(A). If you have questions about this study please call 1-866-346-6163 and ask to speak to someone about the SPAN study.
- This project has been reviewed by your child's school district, but they are not conducting the project activities.
- By filling out the survey, you agree to participate in the study.

Thanks in advance for taking part in this project!

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School Physical Activity and Nutrition (SPAN) 2nd Grade Parent Survey

Marking Instruction:

Please Use #2 Pencil



Fill in bubble(s) completely To change your answer, erase completely

				Right W	rong	wrong		
1. What is today's date?	2. What are yo	u? 3.	What is your age?	4. Wha	t is you	ur <u>hon</u>	ne zip	code?
Jan 1 11 21 31 2019 Feb 2 12 22 2020 Mar 3 13 23 2021 Apr 4 14 24 2022 May 5 15 25 2023 June 6 16 26 2024 July 7 17 27 2025 Aug 8 18 28 2026 Sept 9 19 29 2027 Oct 10 20 30 Nov	Male Female Prefer not	t to say	0 0 1 1 2 2 3 3 3 4 4 5 5 6 6 7 7 7 8 8 8 9 9	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
5. How do you most identify yourself? (Ch	oose only one)	6. Includin	ng yourself, how man	y people liv	e in yo	ur hou	ıseholo	d?
Black or African-American Latino, Hispanic, or Mexican-American		How ma	any children are 5 years	and under?	0	1	2	3 +)
White, Caucasian, or Anglo			any children are 6 – 11 y		0	1	2	3 +)
Asian (from India or Pakistan)			any children are 12 – 18 any adults are 19 years a		0	1	2	3+ 3+
Asian (<u>not</u> from India or Pakistan)		TIOW THE	arry addition are no years to	and older.		·		
American Indian or Alaska Native Native Hawaiian or Pacific Islander								
Other								
7. What is your relationship to the 2nd grad		2nd grade	10. What is your 2	2nd grade	child's	s birtho	date?	
7. What is your relationship to the 2nd grac child you are completing the survey for?	child a	boy or girl?	10. What is your 2	2nd grade	child's		date?	
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother	child a	boy or girl?	MO	DAY		YE	AR	
7. What is your relationship to the 2nd grac child you are completing the survey for?	child a	a boy or girl? y	MO		child's	0 1 2		(D) (1) (2)
7. What is your relationship to the 2nd grac child you are completing the survey for? Mother Father	child a Bo Gir 9. What is grade	a boy or girl? y	MO	DAY	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4	1 2 3 4
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother Grandfather	child a Bo Gir	boy or girl? y s your 2nd	0 0 1 1 2 3 3	DAY	0 1 2 3	0 1 2 3	0 1 2 3	1 2 3
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother	9. What is grade 5 6 7 8 9	boy or girl? y 1 s your 2nd child's age?	MO 0 0 1 1 2 2 3 4 4 5 6 6	DAY 0 0 0 1 1 1 2 2 2 3 3 4 5 6	0 1 2 3 4 5 6	0 1 2 3 4 5 6	0 1 2 3 4 5 6	1 2 3 4 5 6
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother Grandfather	9. What is grade 5 6 7 8 9	boy or girl? y s your 2nd	MO 0 0 0 1 1 2 2 3 4 4 5 6 6 7 8 8	DAY 0 0 0 1 1 1 2 2 2 3 3 4 5 6 7 8	0 1 2 3 4 5 6 7	0 1 2 3 4 5 6 7	0 1 2 3 4 5 6 7	1 2 3 4 5 6 7
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother Grandfather	9. What is grade 5 6 7 8 9 Oth	t boy or girl? by fluid s your 2nd child's age?	MO 0 0 0 1 1 2 2 3 4 4 5 6 6 7 8 8	DAY	0 1 2 3 4 5 6 7	0 1 2 3 4 5 6 7	0 1 2 3 4 5 6 7	1 2 3 4 5 6 7
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother Grandfather Other	9. What is grade 5 6 7 8 9 Oth	s your 2nd child's age?	MO ① ① ① ① ① ① ① ① ① ② ② ③ ④ ④ ⑤ ⑥ ⑥ ⑦ ⑦ ⑥ ⑥ ② ②	DAY 1 1 1 2 2 3 3 4 5 6 7 8 9 9	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7	0 1 2 3 4 5 6 7	1 2 3 4 5 6 7
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother Grandfather Other 11. Is your 2nd grade child adopted?	9. What is grade 5 6 7 8 9 Oth	boy or girl? y tl s your 2nd child's age? her: was your 2nd gery Low Birth We	MO 0 0 0 1 1 2 3 4 4 5 6 6 7 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	DAY 1 1 1 2 2 3 3 4 5 6 7 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	0 1 2 3 4 5 6 7 8 9	9 0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7	1 2 3 4 5 6 7
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother Grandfather Other 11. Is your 2nd grade child adopted? No	9. What is grade 9. What is grade 12. What v	boy or girl? y I s your 2nd child's age? mer: was your 2nd gery Low Birth Weight:	MO 0 0 1 1 2 3 4 4 5 6 7 8 9 9	DAY 1 1 2 2 3 3 3 4 4 5 6 6 7 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	0 1 2 3 4 5 6 7 8 9	9 0 1 2 3 4 5 6 6 7 8 9	0 1 2 3 4 5 6 7	1 2 3 4 5 6 7
7. What is your relationship to the 2nd grad child you are completing the survey for? Mother Father Grandmother Grandfather Other 11. Is your 2nd grade child adopted? No	9. What is grade 5 6 7 7 8 8 9 Ott	boy or girl? y I s your 2nd child's age? mer: was your 2nd gery Low Birth Weight: bormal Birth Weight:	MO 0 0 0 1 1 2 3 4 4 5 6 7 7 8 9 9 grade child's birth we sight: Less than 3 lb 5 o 3 lb 6 oz - 5 lb 8 oz (1,5)	DAY 1 1 2 2 3 3 3 4 5 6 7 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	0 1 2 3 4 5 6 7 8 9	9 0 1 2 3 4 5 6 6 7 8 9	0 1 2 3 4 5 6 7	1 2 3 4 5 6 7

13.	Was your 2nd grade child a single birth? Yes No, my 2nd grade child was born a twin. No, my 2nd grade child was born a triplet or more. I don't know	14.	How many weeks gestation was you Less than 34 weeks 34 – 36 weeks 37 – 40 weeks More than 40 weeks I don't know	our 2nd g	rade ch	ild born?	
15.	How would you describe your 2nd grade child? (Choose only one) Black or African-American Latino, Hispanic, or Mexican-American White, Caucasian, or Anglo Asian (from India or Pakistan) Asian (not from India or Pakistan) American Indian or Alaska Native Native Hawaiian or Pacific Islander Other	16.	What language do you use with yo of the time? <i>(Choose only oane)</i> English Spanish About the same in Spanish and E Other language About the same in another language and English	nglish			
lt i lf y	e next questions are about what your 2nd grads fine to have your child help you answer the quou have a school menu, that can help your child sterday, how many times did your 2nd grade child (Choose one answer for each question)	uest Id re	ions since some of what he o	r she at	e was a	at school 2 Times	3 or More Times
17.	eat hamburger meat, hot dogs, sausage (chorizo)	, ste	eak, bacon, or ribs?	0	1	2	3+)
18.	eat chicken nuggets, fried chicken, fried fish, fish	stick	ss, or any other fried meat?	0	1	2	3+)
19.	eat any baked, grilled, broiled, or steamed chicked shrimp, tuna, salmon, and sushi)?	en o	r fish (examples of fish include	0	1	2	3+)
20.	eat any peanuts, peanut butter, or other nuts suc	h as	pecans, walnuts, or almonds?	0	1	2	3+)
21.	eat any rice, macaroni, spaghetti, or pasta noodle	es th	at were white ?	0	1	2	3+)
22.	eat any rice, macaroni, spaghetti, quinoa, or past	a no	odles that were brown ?	0	1	2	<u>3+</u>
23.	eat any bread, tortillas, buns, bagels, or rolls that	were	e white?	0	1	2	3+)
24.	eat any bread, tortillas, buns, bagels, or rolls that	were	e brown?	0	1	2	3+)
25.	eat any hot or cold cereal? Cereals include oatmeal, Cream of Wheat®, Froot and shredded wheat.	Loo	pps®, Cheerios®,	0	1	2	(3+)
26.	eat French fries, chips, or crackers? Chips are potato chips, tortilla chips, Cheetos®, crackers are Saltines®, Triscuits®, Cheez-It® crackers			0	1	2	(3+)

Yesterday, how many times did your 2nd grade child (Choose one answer for each question)	None	1 Time	2 Times	3 or More Times
27eat a snack bar ? Snack bars are protein bars, granola bars, and snack bars like FiberOne® bars, KIND®, LÄRABAR®, and Clif Bar®.	0	1	2	3+
28eat any starchy vegetables like potatoes, corn, or peas? <u>Do not count</u> French fries, fried potatoes, potato chips, or any other type of chips.	0	1	2	3 +)
29eat any orange vegetables like carrots, squash, or sweet potatoes?	0	1	2	3+)
30eat salad made with lettuce , or any green vegetables like spinach, green beans, broccoli, or other greens?	0	1	2	3+)
31eat any other vegetables like peppers, tomatoes, zucchini, asparagus, cabbage, cauliflower, cucumbers, mushrooms, eggplant, celery, or artichokes?	0	1	2	3+
32eat beans such as pinto beans, baked beans, kidney beans, refried beans, or pork and beans? <u>Do not count</u> green beans.	0	1	2	3 +)
33eat fruit ? Fruits are all fresh, frozen, canned, or dried fruits. <u>Do not count</u> fruit juice.	0	1	2	3+
34eat a frozen dessert? A frozen dessert is a cold, sweet food like ice cream, frozen yogurt, an ice cream bar, or a Popsicle [®] .	0	1	2	3+)
35eat cookies, brownies, sweet rolls, doughnuts, pies, or cake?	0	1	2	3+
36eat any candy? <u>Count</u> chewy, gummy, hard, chocolate, or any other type of candy. <u>Do not count</u> cookies, brownies, or gum.	0	1	2	3+)
37eat any kind of cheese , cheese spread, or cheese sauce? <u>Count</u> cheese on pizza or in dishes such as tacos, enchiladas, lasagna, sandwiches, cheeseburgers, or macaroni and cheese.	0	1	2	<u>3+</u>
38drink plain milk? <u>Count</u> milk on cereal. <u>Do not count</u> chocolate or other flavored milk.	0	1	2	3 +)
39drink any kind of flavored milk? <u>Count</u> chocolate, or other flavored milk or drinks made with milk, like a milkshake.	0	1	2	3+)
40eat yogurt or drink a yogurt drink? Do not count frozen yogurt.	0	1	2	3+)
41drink fruit juice ? Fruit juice is a drink that is 100% juice , like orange juice, apple juice, or grape juice.				
Do not count punch, Kool-Aid®, sports drinks, or other fruit-flavored drinks like SunnyD® or Capri Sun®.	0	1	2	3+
42drink any punch, Kool-Aid [®] , sports drink, or other fruit-flavored drinks? <u>Do not count</u> 100% fruit juice.	0	1	2	3 +
43drink any regular sodas or soft drinks? <u>Do not count</u> diet sodas.	0	1	2	3+
44drink any diet sodas or diet soft drinks?	0	1	2	3+)

	Yest	terday, how many times did your 2nd grade child (Choose one answer for each question)		None	1 Time	2 Times	3 or More Times
	45	drink a cup, bottle, or can of coffee, tea, iced tea, or a coffee drink without sug <u>Do not count</u> sweetened drinks or energy drinks.	gar?	0	1	2	3+)
	46	drink a cup, bottle, or can of coffee, tea, iced tea, or a coffee drink like Frappuc with sugar? <u>Do not count</u> energy drinks.	cino®	0	1	2	3+)
	47	drink a energy drink ? Energy drinks are drinks like Red Bull®, Rockstar®, Monster®, or Jolt® that contacaffeine.	ain	0	1	2	3+)
	48	drink a bottle or glass of water? <u>Count</u> sparkling water or any other water drink that has 0 calories.		0	1	2	3 +)
	49.	Yesterday, did your 2nd grade child eat breakfast? <i>(Choose only one)</i> No, he/she didn't eat breakfast yesterday. Yes, he/she ate breakfast at home yesterday. Yes, he/she ate breakfast at school yesterday. Yes, he/she ate breakfast at home and school yesterday. Yes, he/she ate breakfast somewhere other than home or school yesterday.					
	50.	Yesterday did your 2nd grade child eat an evening meal (supper or dinner)? (CF) No, he/she didn't eat an evening meal yesterday. Yes, he/she ate an evening meal that was homemade. Yes, he/she ate an evening meal at home that was not homemade (frozen pizza, microwave Yes, he/she ate an evening meal from a fast food restaurant, pizza place, or sit-down reserves, he/she ate an evening meal from a place other than home or a restaurant.	e meal, et	c.).	Italian, lı	ndian, etc	.).
	51.	Last week, how often: (Choose one answer for each of the following questions)	Never	Some of the time		Most of ne time	All of the time
		adid your 2nd grade child eat breakfast?					
		bdid you eat an evening meal together with your 2nd grade child?					
		cdid your 2nd grade child watch TV while eating his or her evening meal?					
ı		ddid your 2nd grade child help you prepare your evening meal? Do not count frozen dinners.					
		edid your 2nd grade child eat dinner from a sit-down or fast food restaurant?					
	52.	Last week, how often: (Choose one answer for each of the following questions)	Never	Some the time		Most of ne time	All of the time
ı		awere fresh or frozen fruits served as snacks in your home?					
		bwere fresh or frozen vegetables served at the evening meal in your home?					
		cwas skim or nonfat milk served at meals or snacks in your home?					
		dwas 100% whole-wheat or whole-grain bread or tortillas served at meals in your home?					
		ewas sugar-sweetened cereal (Frosted Flakes®, Froot Loops®, Cocoa Pebbles®, etc.) served at breakfast in your home?					
		fwere sugar-sweetened drinks served at the evening meal in your home?					

53.	What kind of milk does your 2nd grade child usually drink? Regular (whole) milk
	Low/non-fat (2%,1% skim)
	 Soy milk, almond milk, rice milk, or other milk
	He/she doesn't drink milk
	☐ I don't know
54.	What type of hot or cold cereal does your 2nd grade child eat <u>most of the time</u> ? — My 2nd grade child does not eat hot or cold cereal.
	■ Sweet cereals like flavored oatmeal, flavored cream of wheat, Frosted Flakes®, or Froot Loops®
	─ Plain cereals like plain oatmeal or cream of wheat, Corn Flakes®, Cheerios®, Rice Krispies®, or Kix®
55.	Do you use food labels (nutrition facts) to make your food choices? Yes, all of the time Yes, most of the time Yes, some of the time Never Never
56.	Do you think the lunch served in your 2nd grade child's school cafeteria is healthy? Always Almost always Never
57.	Last week, how many days was your 2nd grade child physically active for a <u>total</u> of at least 60 minutes per day ? Add up all the time he/she spent in any kind of physical activity that increased his/her heart rate and made him/her breathe hard some of the time.
	0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days
58.	Last week, how many days did your 2nd grade child play outdoors for 30 minutes or more ? <u>Do not count</u> outdoor play during school hours.
	0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days
59.	My 2nd grade child does enough physical activity to maintain good health and fitness.
	Strongly disagree Somewhat disagree Neither disagree nor agree Somewhat agree Strongly agree
60.	During the past 12 months, on how many sports teams did your 2nd grade child play? Examples: soccer, basketball, baseball, softball, swimming, cheerleading, wrestling, track, football, dance, karate, tennis, and volleyball teams. Do not include PE classes.
	○ 0 teams ○ 1 team ○ 2 teams ○ 3 or more teams
61.	Does your 2nd grade child currently take part in any other organized physical activities, lessons or classes ? Examples: martial arts, dance, gymnastics, or tennis.
	○ No · Yes
62.	On most days, what does your 2nd grade child usually do when he/she has a choice about how to spend leisure/free time?
	 Almost always chooses activities like TV, reading, listening to music, computers, iPad®/tablet, or video games
	Usually chooses activities like TV, reading, listening to music, computers, iPad®/tablet, or video games
	 Just as likely to choose active as inactive activities
	 Usually chooses activities like bicycling, dancing, outdoor games, or active sports
	 Almost always chooses activities like bicycling, dancing, outdoor games, or active sports

63.	If the weather is good, I encourage my 2nd grade child to play outside.
	○ Strongly disagree ○ Somewhat disagree ○ Neither disagree nor agree ○ Somewhat agree ○ Strongly agree
64.	How many hours per day does your 2nd grade child usually watch TV, DVDs, or movies away from school ? Count TV shows or movies watched online or videos on YouTube®.
	My child doesn't watch TV, DVDs or movies Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more
65.	How many hours per day does your 2nd grade child usually spend using a computer or tablet/iPad®, smartphone away from school for school work ? Count homework, studying, looking up information for school, or reading for pleasure. My child doesn't use
	a computer away from Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more school for school work
66.	How many hours per day does your 2nd grade child <u>usually</u> spend using a computer or tablet/iPad®, smartphone, or smart watch/Apple Watch® away from school <u>for anything except school work</u> ? <u>Count</u> internet surfing, instant messaging or chatting. <u>Do not count</u> school work or games.
	My child doesn't use a computer away from school for non-school work A computer away from school work Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more work
67.	How many hours per day does your 2nd grade child usually spend playing video or computer games away from school ? <u>Count</u> games on a video game console (Nintendo®, Xbox®, Playstation®), computer, handheld, or phone/mobile device. <u>Examples:</u> Fortnite®, Minecraft®, The Sims®, Pokemon®, Candy Crush®, Player Unknown Battleground® (PUBG), Super Smash Bros.®, Geometry Dash®
	My child doesn't play Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more video or computer games
68.	Does your 2nd grade child have an electronic device in the room where he/she sleeps ? Examples: TV, computer, iPad®/tablet, phone, or gaming console
	○ No ○ Yes ○ I don't know
69.	During the school week, does your 2nd grade child have a regular bedtime?
	None of the time Some of the time Most of the time Always
70.	
	5 hrs or less 9 hrs
	6 hrs 8 hrs 10 hrs or more
71.	Does your 2nd grade child have a physical limitation or disability that makes it harder for him/her to do things that other children his/her age can do? No Yes, but my 2nd grade child can still play and do PE Yes, and it keeps my 2nd grade child from playing or doing PE
	○ I don't know/not sure
72.	Does your 2nd grade child have any food allergies?
	○ No

73.	Has a doctor or nurse ever told you that your 2nd grade child No	has diabetes ?			
	Yes. My child is taking medication				
	Yes. My child is not taking medication				
	☐ I don't know				
74.	During the past 12 months, how many times has your 2nd gr. 0 times 1 time 2 or 3 times	ade child's teeth 4 or 5 times	or mouth bee	•	
75.	When is the last time your 2nd grade child saw a dentist for a During the past 12 months Between 12 and 24 months	check-up, exan More than 24 mor		_	
76.	teeth or mouth? Do not count times he/she missed school for routine dental			·	
77.	How many times a day does your 2nd grade child usually br	rush their teeth?	re times	I don't know	
78.	Which of the following best describes the purpose of dental s To prevent tooth decay To fill cavities To improve appearance of teeth To hold dentures in place To protect teeth while playing sports I don't know	ealants?			
79.	I am physically active with my 2nd grade child. Examples: running, jogging, walking fast, bike riding, swimm	ning, dancing, or	skating.		
	Never Yes, some Yes, most Yes, all of of the time of the time the time	I have a disability condition that pre- from being physic	vents me	My 2nd grade child hor health condition the him/her from physica	at prevents
80.	I watch my 2nd grade child when he/she is being physically Never Yes, some of the time Yes, most of the time	active. Yes, all of the t	ime 🔘 or h	2nd grade child has ealth condition that /her from physical ad	orevents
			Slightly isagree Ne	Slightly utral Agree	Agree
81.	If my child says, "I'm not hungry," I try to get him or her to eat anyway.		0 0		0
82.	I offer sweets to my child as a reward for good behavior.				0
83.	I limit the amount of soda my child drinks.				
84.	I limit the number of snacks my child eats.				
85.	Are you physically active? Never Yes, some of the time Yes, most of the time	Yes, all of the t	ime 🔘 con	ve a disability or hea dition that prevents r ng physically active	
86.	How many hours of sleep do you normally get a night on a w	eekday?			
	5 hours or less 6 hours 7 hours	8 hours	O 9 hours	o 10 h	ours or more

87. About how tall are you withou shoes on? If unsure, give your best gues.	S. (3) (3) (3) (4) (4) (4) (5) (5) (5) (6) (6) (6) (7) (7) (8) (8) (8) (9) (9) (9) (9) (9) (9) (9) (9) (9) (9	Centimeters 0 0 0 0 0 0 0 1 1 1 0 1 1 2 2 2 2 2 2 2 3 3 3 3 3 3 4 4 4 4 4 4 4	88.		weigh shoes on? e, give your	Pounds 0 0 0 0 1 1 1 1 2 2 2 3 3 3 3 4 4 4 4 5 5 6 6 6 6 7 7 7 7 8 8 8 8 9 9 9 9	0 0 0 1 1 2 2 2 3 3 4 4 5 5 5 6 6 6 7 7 8 8 8	3 · 3 4 · 4
(Fill in one bu each questio								
89. Which of these adult female sh	bodies do you think a rould look like?	n 1	2	3	4	5	6	7
90. Which of these looks most like			2	3	4	(5)	6	7
(Fill in one bu each questio					Soon	To and the second	The state of the s	The state of the s
91. Which of these adult male sho	bodies do you think a uld look like?	n 1	2	3	4	5	6	7
92. Which of these looks most like			2	3	4	5	6	7
93. How old was ye	our 2nd grade child wh	nen he/she con	pletely s	topped b	reastfeeding	g or being fe	ed breastmi	ilk?
My 2nd grade	child was never breastfed	or fed breastmilk						
1 month or les	ss 6 months		11 months					
2 months	O 7 months		1 year					
3 months	8 months		More than	1 year				
4 months	9 months		I don't kno	W				
5 months	O 10 months	S						

94.	How old was your 2nd	grade child whe	n he/she w a	as first fed f	ormula (ev	en if to s	suppl	ement b	reastmilk	()?
	 My 2nd grade child wa 	s never fed formula								
	1 month or less	O 6 months		11 months						
	2 months	7 months		1 year						
	3 months	8 months		More than	a year					
	4 months	9 months		I don't kno	w					
	5 months	O 10 months								
95.	How old was your 2nd This includes formula	· ·			•				ilk?	
	1 month or less	6 months		11 months						
	2 months	7 months		1 year						
	3 months	8 months		More than	1 year					
	4 months	9 months		I don't kno	W					
	5 months	10 months								
96.	Within the past 12 m	onths we worrie	ed whether c	our food wou	ıld run out b	pefore we	e got	money t	o buy mo	ore.
	Often true	Sometimes :		Never true						
97.	Within the past 12 m	onths the food v	we bought ju	ust didn't las	t and we di	dn't have	e moi	ney to ge	et more.	
	Often true	Sometimes	true	Never true						
98.	In your opinion, how sa	afe are the routes	s to and fron	n school for	your 2nd gr	ade chil	d to v	valk or ri	de a bicy	cle?
	(Select the number tha	t best represents	s your opinic	on)	,				-	
	(Select the number that	·	s your opinic	on)		- Extreme				
	Extreme	ly safe ———	s your opinio			•Extreme	ely un		·	
99.	Extreme	ely safe	4 5	6	7 8	•Extreme	ely un	nsafe		the home?
99.	Extreme ① What is the highest le	ely safe	4 5	by the 2nd §	7 8	Extreme	ely un	nsafe 10 nale care		the home?
99.	Extreme 1 What is the highest le (This might be you)	ely safe	4 5	by the 2nd	7 8	other of	ely un	nsafe 10 nale care	egiver in	
99.	What is the highest le (This might be you) Less than high school	ely safe 3 vel of education	4 5 completed	by the 2nd (7 8 grader's m	other of the control	r fem	nsafe 10 nale care schelor's) ee (Master	egiver in 's, PhD, MI	O, etc.)
99.	What is the highest le (This might be you) Less than high school High school or GED	2 3 vel of education Associate's degree	4 5 completed	6 by the 2nd (7 (8 grader's m College degree Graduate or pr	other of the control	r fem	nsafe 10 nale care schelor's) ee (Master	egiver in 's, PhD, MI	O, etc.)
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FOR OFFICE USE ONLY

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Refd Meas	Refd Shoe	Cast	Time	Hair Access	Heavy Obj	Other
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TRIAL 1:

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Page 10

Scantron EliteView™ M-296671-2:654321

DO NOT WRITE IN THIS AREA

SERIAL#

School Physical Activity and Nutrition (SPAN) Project

Parent Assent Form

Your Name:	
2nd Grade Child's Name:	
2nd Grade Child's School:	
2nd Grade Child's Teacher:	

Dear Parent:

This survey is being carried out in your 2nd grade child's school under the direction of the University of Texas School of Public Health and the Texas Department of State Health Services. We would like to ask you to take part by filling out this survey, which takes about 20 minutes. This will help us to better understand school programs that were created to improve the physical activity and eating behaviors of children in Texas.

The 2nd grade child's primary caregiver should complete the survey.

- The questionnaire asks about your 2nd grade child's and your own physical activity (exercise), eating habits in the school, neighborhood, and your household.
- There are no right or wrong answers.
- Participation is voluntary. Your choice to take part will not affect your child's grades in school or your child's ability to take part in any school activities.
- After you complete the questionnaire, this page with your names will be removed and kept confidential. Only a number will be used to identify you and your child.
- The information collected is private and will be kept in a secure location. It will be available only to scientists and their staff. At the end of the project it will be destroyed.
- The results of the study may be published, but we will never mention any student, parent, school name, or district name.
- You can skip a question if you do not want to answer it, and you may stop answering
 questions or taking part in this project at any time.
- There is no risk participating in this project.
- You have the right to review all student materials used in the project. Please see the Protection of Pupil Rights Act. 20 U.S.C. Section 1232(c)(1)(A). If you have questions about this study please call 1-866-346-6163 and ask to speak to someone about the SPAN study.
- This project has been reviewed by your child's school district, but they are not conducting the project activities.
- By filling out the survey, you agree to participate in the study.

Thanks in advance for taking part in this project!

+			
 			

School Physical Activity and Nutrition (SPAN) 2nd Grade Parent Survey

Marking Instruction:

Please Use #2 Pencil



Fill in bubble(s) completely

To change your answer, erase completely

1.	What is today's date? Jan Feb 2 12 22 Mar 3 13 23 Apr 4 14 24 2022 May 5 15 25 June 6 16 26 July 7 17 27 Aug 8 18 28 Sept Oct Nov Dec	2. What are yo Male Female Prefer no		3. What is 0 1 2 3 4 5 6 7 8 9	your age? 0 1 2 3 4 5 6 7 8 9	4. What of the second of the s	0 1 2 3 4 5 6 7 8	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
5.	How do you most identify yourself? (Cho	ose only one)	6. Inc	luding yours	elf, how mar	ny people liv	e in yc	our hou	useholo	d?
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	American Indian or Alaska Native									
	Native Hawaiian or Pacific Islander									
	Other									
7		8 ls vour	2nd grad	de 10 V	What is your	2nd grade	child'	s hirth	date?	
7.	Other What is your relationship to the 2nd grade child you are completing the survey for?		2nd grac a boy or gi		What is your		child'			
7.	What is your relationship to the 2nd grade		a boy or gi		What is your	2nd grade	child'		date?	
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 13. Was your 2nd grade child a single birth? Yes No, my 2nd grade child was born a twin. No, my 2nd grade child was born a triplet I don't know 	or more.	ow many weeks gestation was you Less than 34 weeks 34 – 36 weeks 37 – 40 weeks More than 40 weeks I don't know	our 2nd g	rade chi	ild born?	
15. How would you describe your 2nd grade (Choose only one) Black or African-American Latino, Hispanic, or Mexican-American White, Caucasian, or Anglo Asian (from India or Pakistan) Asian (not from India or Pakistan) American Indian or Alaska Native Native Hawaiian or Pacific Islander	of	hat language do you use with yo the time? (Choose only oane) English Spanish About the same in Spanish and Endish Other language About the same in another language and English	nglish			
The next questions are about what you It is fine to have your child help you an If you have a school menu, that can he Yesterday, how many times did your 2nd (Choose one answer for each que	swer the question pyour child reme	s since some of what he or	r she at e	e was a 1 Time	t school 2 Times	3 or More Times
17eat hamburger meat, hot dogs, sausa	ge (chorizo), steak,	bacon, or ribs?	0	1	2	3+)
18eat chicken nuggets, fried chicken, fri	ed fish, fish sticks, o	or any other fried meat ?	0	1	2	3+)
19eat any baked, grilled, broiled, or stea shrimp, tuna, salmon, and sushi)?	med chicken or fi	sh (examples of fish include	0	1	2	3+)
20eat any peanuts, peanut butter, or oth	er nuts such as pe	cans, walnuts, or almonds?	0	1	2	<u>3+</u>
21eat any rice, macaroni, spaghetti, or p	asta noodles that v	vere white ?	0	1	2	3+)
22eat any rice, macaroni, spaghetti, qui	noa, or pasta noodl	es that were brown ?	0	1	2	<u>3+</u>
23eat any bread, tortillas, buns, bagels,	or rolls that were w	hite?	0	1	2	3+)
24eat any bread, tortillas, buns, bagels,	or rolls that were b ı	own?	0	1	2	<u>3+</u>
25eat any hot or cold cereal? Cereals include oatmeal, Cream of W and shredded wheat.	neat®, Froot Loops®	, Cheerios®,	0	1	2	(3+)
26eat French fries, chips, or crackers Chips are potato chips, tortilla chips, Crackers are Saltines®, Triscuits®, Cl	Cheetos®, corn chi		0	1	2	3+)

Yesterday, how many times did your 2nd grade child (Choose one answer for each question)	None	1 Time	2 Times	3 or More Times
27eat a snack bar ? Snack bars are protein bars, granola bars, and snack bars like FiberOne® bars, KIND®, LÄRABAR®, and Clif Bar®.	0	1	2	3+)
28eat any starchy vegetables like potatoes, corn, or peas? <u>Do not count</u> French fries, fried potatoes, potato chips, or any other type of chips.	0	1	2	3 +)
29eat any orange vegetables like carrots, squash, or sweet potatoes?	0	1	2	3+)
30eat salad made with lettuce , or any green vegetables like spinach, green beans, broccoli, or other greens?	0	1	2	3+)
31eat any other vegetables like peppers, tomatoes, zucchini, asparagus, cabbage, cauliflower, cucumbers, mushrooms, eggplant, celery, or artichokes?	0	1	2	3+
32eat beans such as pinto beans, baked beans, kidney beans, refried beans, or pork and beans? <u>Do not count</u> green beans.	0	1	2	3 +)
33eat fruit ? Fruits are all fresh, frozen, canned, or dried fruits. <u>Do not count</u> fruit juice.	0	1	2	3+)
34eat a frozen dessert? A frozen dessert is a cold, sweet food like ice cream, frozen yogurt, an ice cream bar, or a Popsicle [®] .	0	1	2	3+)
35eat cookies, brownies, sweet rolls, doughnuts, pies, or cake?	0	1	2	3+)
36eat any candy? <u>Count</u> chewy, gummy, hard, chocolate, or any other type of candy. <u>Do not count</u> cookies, brownies, or gum.	0	1	2	3 +)
37eat any kind of cheese , cheese spread, or cheese sauce? <u>Count</u> cheese on pizza or in dishes such as tacos, enchiladas, lasagna, sandwiches, cheeseburgers, or macaroni and cheese.	0	1	2	3+)
38drink plain milk? <u>Count</u> milk on cereal. <u>Do not count</u> chocolate or other flavored milk.	0	1	2	3 +
39drink any kind of flavored milk? <u>Count</u> chocolate, or other flavored milk or drinks made with milk, like a milkshake.	0	1	2	3+)
40eat yogurt or drink a yogurt drink? Do not count frozen yogurt.	0	1	2	3+)
41drink fruit juice ? Fruit juice is a drink that is 100% juice , like orange juice, apple juice, or grape juice.				
Do not count punch, Kool-Aid®, sports drinks, or other fruit-flavored drinks like SunnyD® or Capri Sun®.	0	1	2	3+
42drink any punch, Kool-Aid [®] , sports drink, or other fruit-flavored drinks? <u>Do not count</u> 100% fruit juice.	0	1	2	3 +)
43drink any regular sodas or soft drinks? <u>Do not count</u> diet sodas.	0	1	2	3+)
44drink any diet sodas or diet soft drinks?	0	1	2	3+)

	Yest	erday, how many times did your 2nd grade child (Choose one answer for each question)		None	1 Time	2 Times	3 or More Times
	45	drink a cup, bottle, or can of coffee, tea, iced tea, or a coffee drink without sug <u>Do not count</u> sweetened drinks or energy drinks.	gar?	0	1	2	3+
	46	drink a cup, bottle, or can of coffee, tea, iced tea, or a coffee drink like Frappuc with sugar? <u>Do not count</u> energy drinks.	cino®	0	1	2	3+)
	47	drink a energy drink ? Energy drinks are drinks like Red Bull [®] , Rockstar [®] , Monster [®] , or Jolt [®] that contacaffeine.	ain	0	1	2	3+)
	48	drink a bottle or glass of water? <u>Count</u> sparkling water or any other water drink that has 0 calories.		0	1	2	3 +)
	49.	Yesterday, did your 2nd grade child eat breakfast? <i>(Choose only one)</i> No, he/she didn't eat breakfast yesterday. Yes, he/she ate breakfast at home yesterday. Yes, he/she ate breakfast at school yesterday. Yes, he/she ate breakfast at home and school yesterday. Yes, he/she ate breakfast somewhere other than home or school yesterday.					
	50.	Yesterday did your 2nd grade child eat an evening meal (supper or dinner)? (Child No, he/she didn't eat an evening meal yesterday. Yes, he/she ate an evening meal that was homemade. Yes, he/she ate an evening meal at home that was not homemade (frozen pizza, microwave Yes, he/she ate an evening meal from a fast food restaurant, pizza place, or sit-down restaurant, he/she ate an evening meal from a place other than home or a restaurant.	e meal, etc	c.).	Italian, Iı	ndian, etc.).
	51.	Last week, how often: (Choose one answer for each of the following questions)	Never	Some the time		lost of ne time	All of the time
		adid your 2nd grade child eat breakfast?					
		bdid you eat an evening meal together with your 2nd grade child?	0	0		0	0
١		cdid your 2nd grade child watch TV while eating his or her evening meal?					
١		ddid your 2nd grade child help you prepare your evening meal? Do not count frozen dinners.		0		0	0
		edid your 2nd grade child eat dinner from a sit-down or fast food restaurant?					
	52.	Last week, how often: (Choose one answer for each of the following questions)	Never	Some the time		Most of ne time	All of the time
١		awere fresh or frozen fruits served as snacks in your home?					
		bwere fresh or frozen vegetables served at the evening meal in your home?	0	0		0	0
		cwas skim or nonfat milk served at meals or snacks in your home?					
		dwas 100% whole-wheat or whole-grain bread or tortillas served at meals in your home?	0	0		0	0
		ewas sugar-sweetened cereal (Frosted Flakes®, Froot Loops®, Cocoa Pebbles®, etc.) served at breakfast in your home?					
		fwere sugar-sweetened drinks served at the evening meal in your home?					

53.	What kind of milk does your 2nd grade child <i>usually</i> drink? Regular (whole) milk
	Low/non-fat (2%,1% skim)
	Soy milk, almond milk, rice milk, or other milk
	He/she doesn't drink milk
	☐ I don't know
54.	What type of hot or cold cereal does your 2nd grade child eat most of the time? My 2nd grade child does not eat hot or cold cereal.
	Sweet cereals like flavored oatmeal, flavored cream of wheat, Frosted Flakes®, or Froot Loops®
	─ Plain cereals like plain oatmeal or cream of wheat, Corn Flakes®, Cheerios®, Rice Krispies®, or Kix®
55.	Do you use food labels (nutrition facts) to make your food choices? Yes, all of the time Yes, most of the time Yes, some of the time Never Never
56.	Do you think the lunch served in your 2nd grade child's school cafeteria is healthy? Always Almost always Sometimes Almost never Never
57.	Last week, how many days was your 2nd grade child physically active for a total of at least 60 minutes per day ? Add up all the time he/she spent in any kind of physical activity that increased his/her heart rate and made him/her breathe hard some of the time.
	○ 0 days ○ 1 day ○ 2 days ○ 3 days ○ 4 days ○ 5 days ○ 6 days ○ 7 days
58.	Last week, how many days did your 2nd grade child play outdoors for 30 minutes or more ? <u>Do not count</u> outdoor play during school hours.
	0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days
59.	My 2nd grade child does enough physical activity to maintain good health and fitness.
	 Strongly disagree Somewhat disagree Neither disagree nor agree Somewhat agree Strongly agree
60.	During the past 12 months, on how many sports teams did your 2nd grade child play? Examples: soccer, basketball, baseball, softball, swimming, cheerleading, wrestling, track, football, dance, karate, tennis, and volleyball teams. Do not include PE classes.
	○ 0 teams ○ 1 team ○ 2 teams ○ 3 or more teams
61.	Does your 2nd grade child currently take part in any other organized physical activities, lessons or classes? Examples: martial arts, dance, gymnastics, or tennis.
	○ No ○ Yes
62.	On most days, what does your 2nd grade child <i>usually</i> do when he/she has a choice about how to spend leisure/free time?
	 Almost always chooses activities like TV, reading, listening to music, computers, iPad®/tablet, or video games
	 Usually chooses activities like TV, reading, listening to music, computers, iPad®/tablet, or video games
	 Just as likely to choose active as inactive activities
	 Usually chooses activities like bicycling, dancing, outdoor games, or active sports
	 Almost always chooses activities like bicycling, dancing, outdoor games, or active sports

63.	If the weather is good, I encourage my 2nd grade child to play outside.
	○ Strongly disagree ○ Somewhat disagree ○ Neither disagree nor agree ○ Somewhat agree ○ Strongly agree
64.	How many hours per day does your 2nd grade child usually watch TV, DVDs, or movies away from school ? Count TV shows or movies watched online or videos on YouTube [®] .
	My child doesn't watch TV, DVDs or movies Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more
65.	How many hours per day does your 2nd grade child usually spend using a computer or tablet/iPad®, smartphone away from school for school work ? Count homework, studying, looking up information for school, or reading for pleasure.
	My child doesn't use a computer away from Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more school for school work
66.	How many hours per day does your 2nd grade child <u>usually</u> spend using a computer or tablet/iPad®, smartphone, or smart watch/Apple Watch® away from school <u>for anything except school work</u> ? <u>Count</u> internet surfing, instant messaging or chatting. <u>Do not count</u> school work or games.
	My child doesn't use a computer away from school for non-school work Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more work
67.	How many hours per day does your 2nd grade child usually spend playing video or computer games away from school? <u>Count</u> games on a video game console (Nintendo®, Xbox®, Playstation®), computer, handheld, or phone/mobile device. <u>Examples:</u> Fortnite®, Minecraft®, The Sims®, Pokemon®, Candy Crush®, Player Unknown Battleground® (PUBG), Super Smash Bros.®, Geometry Dash® My child doesn't play video or computer games Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more
68.	Does your 2nd grade child have an electronic device in the room where he/she sleeps ? Examples: TV, computer, iPad®/tablet, phone, or gaming console No Yes I don't know
60	During the school week, does your 2nd grade child have a regular bedtime?
09.	None of the time Some of the time Most of the time Always
70	On an average school night, how many hours (hrs) of sleep does your 2nd grade child get?
10.	5 hrs or less 7 hrs 9 hrs
	○ 6 hrs ○ 8 hrs ○ 10 hrs or more
71.	Does your 2nd grade child have a physical limitation or disability that makes it harder for him/her to do things that other children his/her age can do?
	○ No
	 Yes, but my 2nd grade child can still play and do PE
	 Yes, and it keeps my 2nd grade child from playing or doing PE
	○ I don't know/not sure
72.	Does your 2nd grade child have any food allergies?
	○ No ○ Yes ○ I don't know

73.	 Has a doctor or nurse ever told you that your 2nd grade child has diab No 	etes?	
	 Yes. My child is taking medication 		
	Yes. My child is not taking medication		
	○ I don't know		
74.	4. During the past 12 months, how many times has your 2nd grade child? O times O times O times O 4 or 5 time	_	ul or sore?
75.	5. When is the last time your 2nd grade child saw a dentist for a check-upDuring the past 12 monthsBetween 12 and 24 monthsMore than	o, exam, teeth cleaning, or on 24 months ago ONever	ther dental work? Not sure
76.	 During the past 12 months, how many times has your 2nd grade child teeth or mouth? <u>Do not count</u> times he/she missed school for routine dental or orthodomouth of times 1 time 2 or 3 times 4 or 5 times 	ontic appointments.	oroblems with his/her Not sure
77.	7. How many times a day does your 2nd grade child usually brush their t	teeth? 3 or more times I don't	know
78.	 8. Which of the following best describes the purpose of dental sealants? To prevent tooth decay To fill cavities To improve appearance of teeth To hold dentures in place To protect teeth while playing sports I don't know 		
79.	9. I am physically active with my 2nd grade child. Examples: running, jogging, walking fast, bike riding, swimming, dance	ing, or skating.	
	of the time of the time the time condition	that prevents me or health or	rade child has a disability condition that prevents om physical activity
80.	 I watch my 2nd grade child when he/she is being physically active. Never Yes, some of the time Yes, most of the time Yes, all 	Il of the time O or health con	e child has a disability dition that prevents physical activity
	Disagre	Slightly ee Disagree Neutral	Slightly Agree Agree
81.	If my child says, "I'm not hungry," I try to get him or her to eat anyway.		0 0
82.	2. I offer sweets to my child as a reward for good behavior.	0 0	0 0
83.	3. I limit the amount of soda my child drinks.		
84.	4. I limit the number of snacks my child eats.	0 0	0 0
85.	5. Are you physically active?NeverYes, some of the timeYes, most of the timeYes, al	I have a disable condition that being physical	t prevents me from
86.	6. How many hours of sleep do you normally get a night on a weekday?		
	○ 5 hours or less ○ 6 hours ○ 7 hours ○ 8 hour	rs 9 hours	10 hours or more

87.	About how tall are you without shoes on? If unsure, give your best guess. Feet 3 4 5 6 7 8 9	0 0 0 1 1 2 2 3 3 3 4 4 4 5 5 6 6 6 7 7 7 8 8 8 9 9	0 0 0 1 1 1 2 2 2 0 3 3 4 4 5 5 5 6 6 6 7 7 8 8 8	1 · 1 2 · 2 3 · 3 4 · 4	88		weigh shoes on? e, give your	Pounds 0 0 0 0 1 1 1 1 2 2 2 2 3 3 3 3 4 4 4 4 5 6 6 6 6 7 7 7 7 8 8 8 8 9 9 9 9	0 0 0 1 1 2 2 2 0 3 3 4 4 5 5 5 6 6 6 7 7 8 8 8	2 · 2 3 · 3 4 · 4 5 · 5
	Fill in one bubble fo each question)	or								
89.	Which of these bodies of adult female should loo		nink an	1	2	3	4	5	6	7
90.	Which of these bodies looks most like you?		l am not a female	1	2	3	4	(5)	6	7
•	Fill in one bubble fo each question)	or				Spans Spans	Second Second	Topon Country of the	Tools Cook	() () () () () () () () () ()
91.	Which of these bodies of adult male should look		nink an	1	2	3	4	5	6	7
92.	Which of these bodies looks most like you?		l am not a male	1	2	3	4	5	6	7
93.	How old was your 2nd g	rade ch	ild when h	e/she cor	npletely s	topped b	reastfeeding	g or being fe	ed breastm	lk?
	My 2nd grade child was	never bre	astfed or fed	d breastmilk						
	1 month or less	○ 6 m	onths		11 months	3				
	2 months	○ 7 m	onths		1 year					
	3 months	○ 8 m	onths		More than	1 year				
	4 months	○ 9 m			I don't kno	W				
	5 months	○ 10 r	months							
I										

94.	How old was your 2nd	d grade child wh	ien he/she wa	as first fed f	ormula (e	ven if t	o supp	lement bre	eastmilk)?	
	 My 2nd grade child w 	as never fed formul	a							
	1 month or less	O 6 months	(11 months						
	2 months	○ 7 months	(1 year						
	3 months	8 months	(More than	a year					
	4 months	O 9 months	(I don't kno	W					
	5 months	10 months								
95.	How old was your 2nd This includes formul	0			•	-			c ?	
	1 month or less	6 months		11 months						
	2 months	7 months		1 year						
	3 months	8 months		More than	1 year					
	4 months	9 months		I don't kno	W					
	5 months	10 months								
96.	Within the past 12 n	nonths we worr	ied whether c	our food wou	ıld run out	before	we got	money to	buy more.	
	Often true	Sometimes	s true (Never true						
97.	Within the past 12 n	nonths the food	l we bought ju	ust didn't las	t and we c	lidn't h	ave mo	ney to get	more.	
	Often true	Sometimes	s true (Never true						
98.	In your opinion, how s	safe are the route	es to and fron	n school for	your 2nd g	rade c	hild to v	walk or ride	e a bicycle?	
00.	(Select the number that	at best represen	its your opinic	on)	, ,	•			•	
		at best represen	ts your opinic	on)	_		mely ur		ŕ	
		·	ets your opinio	on) 6					·	
	Extreme	ely safe	4 5	6	7 (►Extre	mely ur	nsafe 10	·	9?
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	What is the highest le (This might be you) Less than high school High school or GED	ely safe 2 3 evel of education r Associate's degre	4 5 n completed	6 by the 2nd (grader's n	Extre 8 nother ee (Unde	or femergrad/Ba	nsafe nale carectachelor's) ee (Master's	liver in the home PhD, MD, etc.)	?
	What is the highest le (This might be you) Less than high school High school or GED Technical certificate o Some college but no o	ely safe ② ③ evel of education r Associate's degreedegree	4 ⑤ n completed	6 by the 2nd 9	grader's n College degre Graduate or p There is not a don't know	Extre 8 nother ee (Under profession mother	or femergrad/Basenal degree	nsafe 10 nale carect achelor's) ee (Master's) caregiver in co	liver in the home PhD, MD, etc.) ur household	?
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			Height			
Refd Meas	Refd Shoe	Cast	Time	Hair Access	Heavy Obj	Other
			Weight			
Refd Meas	Refd Shoe	Cast	Time	Hair Access	Heavy Obj	Other
Comments:						

TRIAL 1:

Height (cm)		t (cm) Weight (kg)				Fat Mass (kg)						6.25 kHz						50 kHz				!					
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TRIAL 2:

•	IAL Z.				
	Height (cm)	Weight (kg)	Fat Mass (kg)	6.25 kHz	50 kHz
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What is today's date?

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Campus ID

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Page 10

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