

Tucker’s Law

In September 2023, the Texas legislature enacted [House Bill 3908](#), also known as Tucker’s Law, in an effort to raise awareness about the dangers of fentanyl as a lethal drug. Tucker’s Law mandates Texas youth in public schools to receive research-based instruction on four components: (1) Suicide prevention, (2) Prevention of the abuse of and addiction to fentanyl, (3) Awareness of local school and community resources and any processes involved in accessing those resources, and (4) Health education that includes information about substance use and abuse, including youth substance use and abuse.

CATCH’s comprehensive health education curriculum, [Health Ed Journeys](#), supports the requirements of Tucker's Law in the following ways:

Tucker's Law Guidance	Health Ed Journeys Unit & Lesson	Content Addressing Components of HB 3908
Suicide Prevention	Unit 4 - Fentanyl Facts	<p>Slides 8 & 9: Suicide warning signs and what to do for self and others if signs are present including information about the national suicide prevention hotline.</p> <ul style="list-style-type: none"> • Links to https://sourcesofstrength.org/campaigns-resources/ in teacher's notes and teacher's guide so teachers can access CDC recommended Suicide Prevention resources.
Prevention of the abuse of and addiction to fentanyl	Unit 4 - Fentanyl Facts	<p>Key Learning Objectives:</p> <ul style="list-style-type: none"> • Explain that illicit drug use is not the norm for students their age. • Describe the danger of using fentanyl. • Identify the substances that fentanyl can be found in. • Describe the signs of overdose and how to respond if someone is

		<p>overdosing.</p> <ul style="list-style-type: none"> • Explain how to get help for addiction. • Describe the top three facts students need to know about fentanyl. • Demonstrate refusal skills and other strategies for avoiding fentanyl use.
<p>Awareness of local school and community resources and any process involved in accessing those resources</p>	<p>Unit 4 - Fentanyl Facts</p>	<p>Slide 7: "If you or someone you know is struggling with addiction, you can reach out to a school nurse, your doctor or the counselor for help. You can also put your zip code into findtreatment.gov to find local treatment."</p>
<p>Health education that includes information about substance use and abuse, including youth substance use and abuse</p>	<p>Unit 4 - Substance Misuse Prevention</p>	<p>9 lessons covering youth substance misuse and abuse with a focus on vaping prevention</p> <ul style="list-style-type: none"> • Lessons 1-4: Make up the essential evidence-based core curriculum for the CATCH My Breath youth vaping prevention program designed to be taught in its entirety without deviations or modifications. • Lessons 5 & 6: Expand beyond the lens of the youth vaping epidemic to provide a foundational understanding of all kinds of substance misuse. • Lessons 7 & 8: Revisit the timely topic of vaping with two supplemental lessons designed to reinforce key ideas through additional learning modalities. • The Fentanyl Facts lesson (supplement for grades 6-12): Allows students to investigate the dangers of fentanyl and gain crucial skills to identify fentanyl, avoid fentanyl and respond to a fentanyl overdose.