

# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS



### COMBES | September | Septiembre

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
8:30 A.M.			<b>Healthy Walking</b> Combes Community Park 30 Mins			
9:30 A.M.		<b>Pilates Flow</b> Combes Community Center				
12:00 P.M.				<b>Chair Exercise</b> Combes Community Center		
5:00 P.M.				<b>Stretch &amp; Tone</b> Combes Community Center		
5:15 P.M.	<b>Pilates</b> Combes Community Park 45 Mins		<b>Pilates</b> Combes Community Park 45 Mins			
6:00 P.M.		<b>Zumba</b> Combes Community Center		<b>Zumba</b> Combes Community Center		
6:00 P.M.	<b>Dance Fit</b> (Orange Room)	<b>Boot Camp</b> (Outdoors)	<b>Dance Fit</b> (Orange Room)	<b>HITT</b> (Orange Room)		

**Location / Ubicación:**

Combes Community Center/Park/Orange Room/Outdoors - 21660 Hand Rd, Combes, TX 78535

**In-person class**

**CombesTSSC**   
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