

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS



PORT ISABEL | September | Septiembre

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:30 A.M.	Zumba Roloff Park	Zumba Toning Roloff Park	Zumba Roloff Park	Zumba Toning Roloff Park	Zumba Roloff Park	
10:00 A.M.	Meditation Yoga LagunaVista South Texas Eco Tourism	Zumba & Strength & Toning LagunaVista South Texas Eco Tourism	Meditation Yoga LagunaVista South Texas Eco Tourism	Zumba & Strength & Toning LagunaVista South Texas Eco Tourism		
5:00 P.M.	Walking Club Port Isabel City Hall to Lighthouse	Walking Club Port Isabel City Hall to Lighthouse	Walking Club Port Isabel City Hall to Lighthouse			
5:30 P.M.	Zumba (Port Isabel Community Center)	Zumba (Port Isabel Community Center)		Zumba (Port Isabel Community Center)		

Location / Ubicación:

- Laguna Madre Youth Center** - 109 Port Rd. Port Isabel, TX 78578
- LagunaVista South Texas Eco-Tourism Center** - 501W TX-100, Laguna Vista, TX 78578
- Port Isabel City Hall** - 305 E Maxan St, Port Isabel, TX 78578
- Port Isabel Community Center** - 213 N Yturria St, Port Isabel, TX 78578
- Roloff Park** - 122 Fernandez St, Laguna Vista, TX 7857

In-person class

Port Isabel Tssc

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