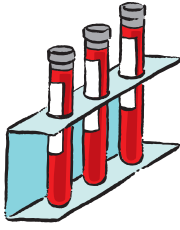


Additional Tests and Procedures



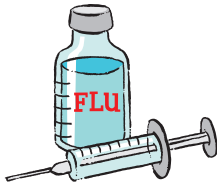
Annual blood work

Your yearly blood work might include tests to measure your cholesterol (lipids), potassium, creatinine and A1c.



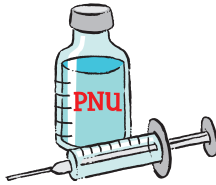
Microalbumin (urine test)

This helps measure how well your kidneys are working. This test should be done every year.



Flu Vaccine

A yearly flu shot can help you keep healthy during the flu season.



Pneumonia Vaccine

Get a pneumonia shot by age 65, and then get a booster after age 65 or as directed by your doctor.



Foot Exam

Your doctor should check your feet at every visit. It's important to detect foot problems or loss of sensation as early as possible. A thorough exam using a monofilament should be done yearly.



Dilated Eye Exam

See an eye care professional every year for a diabetes-related eye exam.



Dental Exam

To prevent gum disease, a dental cleaning every 6 months is recommended.