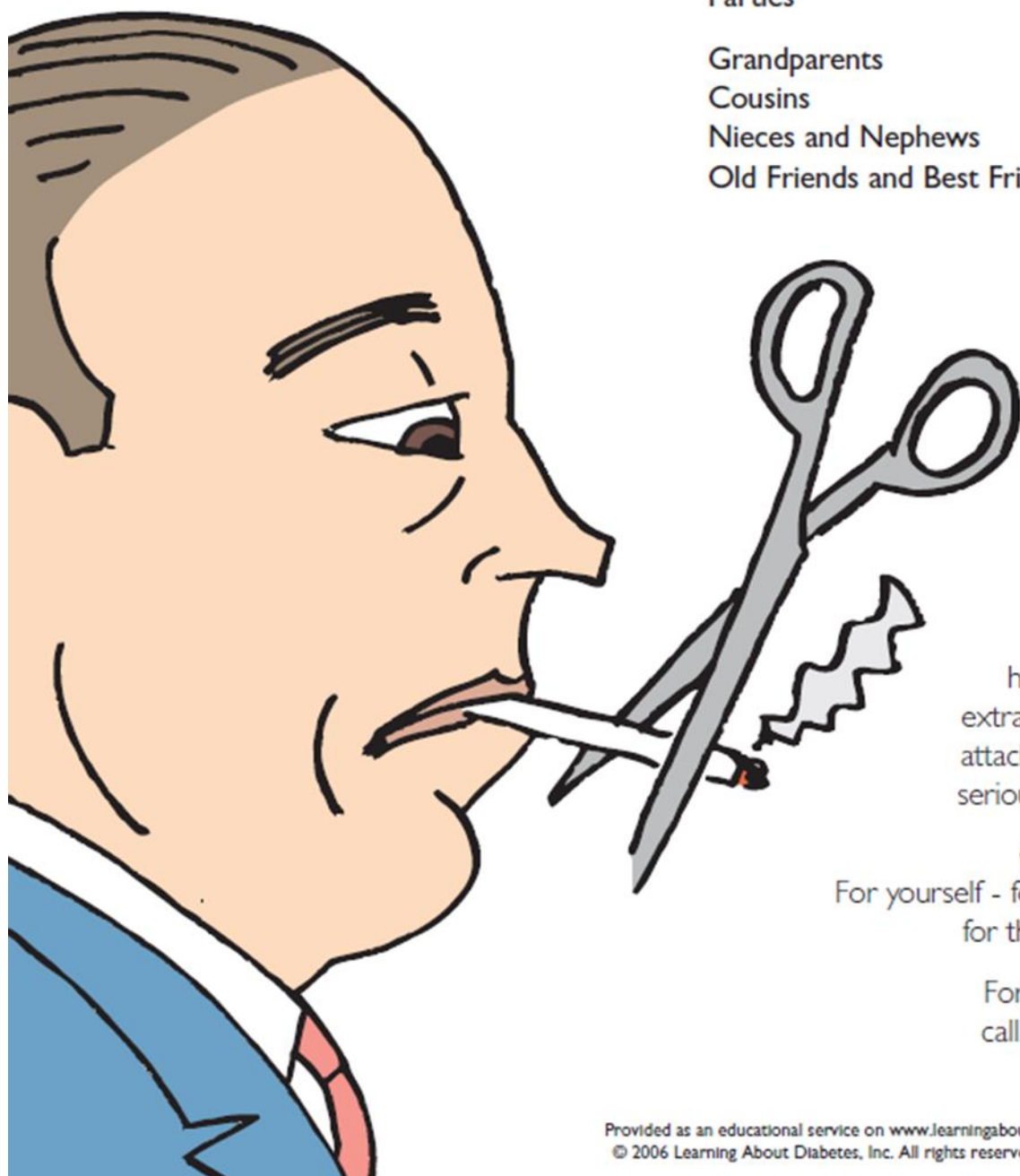


# SMOKING WITH DIABETES

Things you don't want to miss:

Birthdays  
Weddings  
Holidays  
Parties

Grandparents  
Cousins  
Nieces and Nephews  
Old Friends and Best Friends



Smokers who have diabetes are at extra-high risk for heart attack, stroke, and other serious health problems.

Quit smoking now!  
For yourself - for those you love -  
for those who love you.

For more information,  
call 1-800-QUITNOW.

Provided as an educational service on [www.learningaboutdiabetes.org](http://www.learningaboutdiabetes.org).  
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