

Asthma					
Questions 4 and 5 ask you about asthma in THE LAST 12 MONTHS					
4. Have you had an attack/episode of asthma in the last 12 months? (<i>Mark an X for the single best answer</i>)	$\square Yes \square No \square Don't Know $				
4.1 If YES, <u>how many attacks/episodes</u> of asthma have you had in the last 12 months? (Enter approximate number of asthma attacks)	ATTACKS				
4.2 Have you had an attack/episode of asthma while you were <u>at work</u> in the last 12 months?	□ Yes □ No □ Don't Know → Go to Question S				
4.2.1 <i>If YES</i> , do you know what triggered the <u>last</u> attack/episode of asthma while you were at work?					
4.2.1.a <i>If YES</i> , what was the trigger?					
 5. On average, how often do/did you take any medications for asthma, including inhalers, aerosols or tablets in the last 12 months? Daily Weekly Monthly Rarely (less than once a month) Never 					
Unplanned Care fo					
Question 6 asks you about unplanned care for you	r asthma in THE LAST 12 MONTHS				
6.1 Have you increased your use of fast-acting (or rescue) bronchodilators or □ Yes inhaled steroids on a short-term basis for two consecutive days or longer? □ No					
6.2 Have you increased your use of oral steroids on a sho two consecutive days or longer?	ort-term basis for ☐ Yes ☐ No				
6.3 Have you been treated with any oral or IV steroids (e 7-day steroid pack)?	e.g., prednisone,				
6.4 Have you had any urgent treatment at your doctor's	office?				
6.5 Have you had any treatment in an emergency room?					
6.6 Have you been hospitalized (e.g., overnight or longer))?				

Wheezing, Whistling or Shortness of Breath Questions 7 through 9 ask you about your breathing in THE LAST 12 MONTHS

7. Have you had <u>wheezing or whistling</u> in your chest in the last 12 months? (<i>Mark an X for the single best</i> <i>answer</i>)	□ Yes → Continue on THIS page □ No → Go to Next Page
7.1 Have you been at all breathless <u>when the</u> <u>wheezing noise was present</u> in the last 12 months?	☐ Yes ☐ No
7.2 Have you had wheezing or whistling in your chest <u>when you did not have a cold</u> in the last 12 months?	☐ Yes ☐ No
7.3 Have you had wheezing or whistling in your chest while you were <u>at home</u> (indoors or outdoors) in the last 12 months?	☐ Yes ☐ No
7.4 Have you had wheezing or whistling in your chest while you were <u>at work</u> in the last 12 months?	☐ Yes ☐ No
7.5 While you were <u>away from work</u> in the last 12 months, was your wheezing or whistling: worse, better or unchanged?	☐ Worse ☐ Better ☐ Unchanged
7.6 <u>After returning to your work</u> in the last 12 months, was your wheezing or whistling: worse, better or unchanged?	☐ Worse ☐ Better ☐ Unchanged
7.7 If you were <u>away from work for 5 or more</u> <u>consecutive days of absence</u> in the last 12 months, was your wheezing or whistling: worse, better or unchanged?	 ☐ Worse ☐ Better ☐ Unchanged ☐ Not applicable
7.8 When you <u>returned to your work after 5 or more</u> <u>consecutive days of absence</u> in the last 12 months, was your wheezing or whistling: worse, better or unchanged?	 ☐ Worse ☐ Better ☐ Unchanged ☐ Not applicable

8. Have you had an attack/episode of shortness of **Yes** No breath in the last 12 months? (Mark an X for the ➤ Go to Question 9 at the Don't Know single best answer) **BOTTOM** of this page 8.1 Have you had an attack/episode of shortness of **Yes** No breath after strenuous activity or exercise in the last 12 months? 8.2 Have you had a daytime attack/episode of 7 Yes \Box No shortness of breath at rest in the last 12 months? 8.3 Have you been awakened (at night or while Yes □ No sleeping) by an attack/episode of shortness of breath in the last 12 months? 8.4 Have you had an attack/episode of shortness of Yes No breath while you were at home (indoors or outdoors) in the last 12 months? 8.5 Have you had an attack/episode of shortness of Yes No breath while you were at work in the last 12 months? 8.6 While you were away from work in the last 12 □ Worse Better months, was your shortness of breath: worse, Unchanged better or unchanged? □ Worse 8.7 After returning to your work in the last 12 □ Better months, was your shortness of breath: worse, Unchanged better or unchanged? 8.8 If you were away from work for 5 or more □ Worse Better consecutive days of absence in the last 12 months, Unchanged was your shortness of breath: worse, better or □ Not applicable unchanged? 8.9 When you returned to your work after 5 or more □ Worse ☐ Better consecutive days of absence in the last 12 Unchanged months, was your shortness of breath: worse, □ Not applicable better or unchanged? Yes No 9. Have you been <u>awakened</u> (at night or while sleeping) by Cough an attack/episode of any of these symptoms in the last Chest tightness 12 months? (Indicate Yes or No for each symptom)

Participation in Activities

Questions 10 through 13 (next page) ask you about your health and how much it impacts your participation in activities

10. In the <u>last 2 weeks</u>, how much of the time did asthma or breathing problems limit any of the following activities?

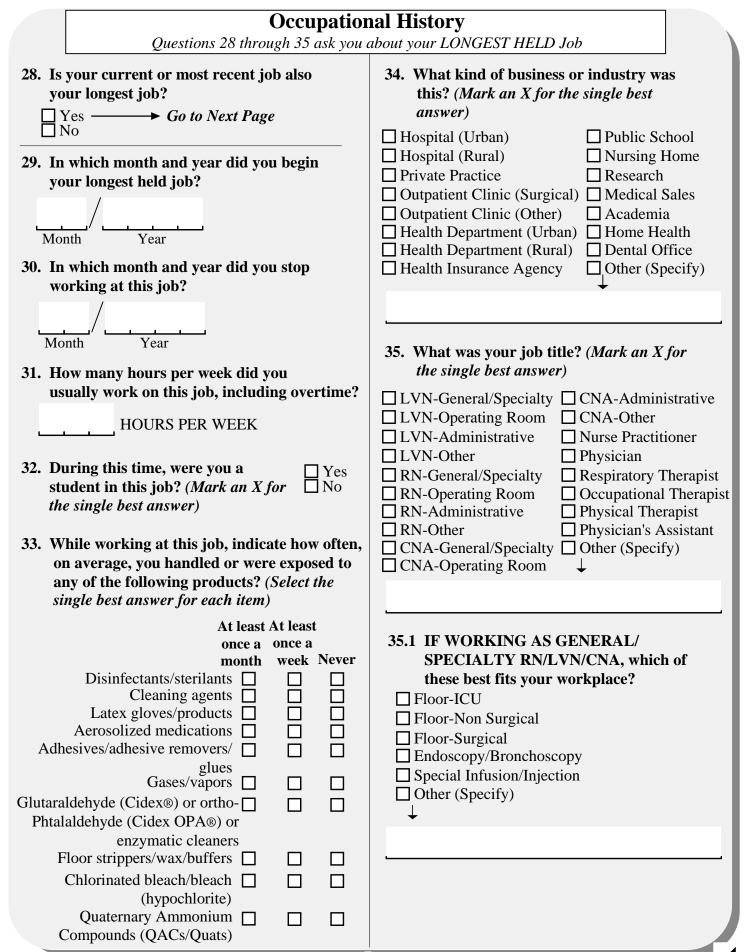
		All of the time (100%)	Most of the time	Half of the time (50%)	Some of the time	None of the time (0%)
	Strenuous activities (such as hurrying, exercising, running up stairs, sports)					
	Moderate activities (such as walking, housework, gardening, shopping, climbing stairs)					
	Social activities (such as talking, playing with pets/children, visiting friends/relatives)	2				
	Activities or tasks you have to do at work					
leave	e you <u>EVER</u> had to <u>change your job taske</u> <u>e a job position</u> because of asthma or bro lems?		□ Yes □ No			
of we	ne <u>last 12 months</u> , have you had to miss a ork due to ANY health-related issue (wh ma or other)?		☐ Yes ☐ No − ☐ Don't	Know	→ Go to Q	uestion 13
	<i>If YES</i> , how many days of work did you to miss due to health-related issues? (<i>E</i> <i>approximate number of days</i>)		<u> </u>	DAYS		
	12.1.1 Of the days indicated above, how days did you miss due to <u>asthma</u> <u>breathing problems</u> ? (Enter appr number of days)	or		DAYS		

13. In the <u>LAST 4 WEEKS</u>, how much of the time did your physical health or emotional problems make it difficult for you to do the following? (*Mark an X for the single best answer for each item*)

	All of the time (100%)	Most of the time	Half of the time (50%)	None of the time (0%)	Does not apply to my job
13.1 Work the required number of hours					
13.2 Get going easily at the beginning of the workday	у 🗆				
13.3 Start on your job as soon as you arrive at work					
13.4 Do your work without stopping to take extra breaks or rests					
13.5 Stick to a routine or schedule					
13.6 Handle the workload					
13.7 Work fast enough					
13.8 Finish work on time					
13.9 Do your work without making mistakes					
13.10 Satisfy the people who judge your work					
13.11 Feel a sense of accomplishment in your work					
13.12 Feel you have done what you are capable of doi	ng 🔲				
13.13 Walk or move around different work locations (for example, going to meetings)					
13.14 Lift, carry, or move objects at work weighing more than 10 pounds					
13.15 Sit, stand, or stay in one position for longer that 15 minutes while working	n 🗌				
13.16 Repeat the same motions over and over again while working					
13.17 Bend, twist, or reach while working					
13.18 Use hand-held tools or equipment (for example, a phone, pen, keyboard, computer mouse, drill, hairdryer or sander)					
13.19 Keep your mind on your work					
13.20 Think clearly when working					
13.21 Do work carefully					
13.22 Concentrate on your work					
13.23 Work without losing your train of thought					
13.24 Easily read or use your eyes when working					
13.25 Speak with people in person, in meetings or on the phone					
13.26 Control your temper around people when working					
13.27 Help other people to get work done					

	Aller	gies	s		
	Questions 14 through 17 ask you about allergies and family medical history				
14.	Have you ever had any of the following conditions? (Indicate Yes or No for each condition)	Yes	 No Nasal or sinus allergies, including hay fever Eczema or any kind of skin allergy Frequent heartburn More than 6 respiratory infections in one year Allergies to chemicals Allergies to medicines Allergies to animals Allergies to dust or dust mites Allergies to latex or latex-containing products (ace bandages/adhesive tape/condoms/gloves) 		
15.	When you are near <u>animals</u> (cats/dogs/horses), <u>feathers</u> (pillows/quilts/duvet), or in a <u>dusty</u> part of the house, do you ever: (<i>Indicate Yes</i> <i>or No for each symptom</i>)	Yes	 Get itchy or watery eyes? Get a feeling of tightness in your chest? 		
16.	When you are near <u>trees, grass, or flowers</u> , or when there is a lot of <u>pollen</u> around, do you ever:		Don't		
17.	Have any of your parents, siblings or children had any of the following conditions? (<i>Indicate</i> <i>Yes, No or Don't Know for each condition</i>)	Yes	 No Know Asthma Hay fever, eczema, or skin allergies 		
House or Apartment Questions 18 and 19 ask you to describe the house or apartment you currently live in					
18.	In your house or apartment, are there visible a of mold, mildew or water damage?	reas	☐ Yes ☐ No → Go to Question 19		
	18.1 If YES, how long have they been there? (Circle Days, Months or Years)		Days Months Years		
19.	In your house or apartment, are there any unusodors?	sual	☐ Yes ☐ No → Go to Next Page		
	19.1 If YES, how long have they been there? (Circle Days, Months or Years)		Days Months Years		

Occupation Questions 20 through 27 ask you about y	
20. In which month and year did you begin your current or most recent job?	26. What kind of business or industry is/was this? (<i>Mark an X for the single best answer</i>)
Month Year	Hospital (Urban)Public SchoolHospital (Rural)Nursing Home
21. In which month and year did you stop working at this job?	 Private Practice Outpatient Clinic (Surgical) Medical Sales Outpatient Clinic (Other) Academia Health Department (Urban) Home Health Health Department (Rural) Dental Office
22. How many hours per week did/do you usually work on this job, including overtime?	☐ Health Insurance Agency ☐ Other (Specify)
23. During this time, were/are you a student in this job? (<i>Mark an X for</i> ☐ No <i>the single best answer</i>)	 27. What is/was your job title? (Mark an X for the single best answer) □ LVN-General/Specialty □ CNA-Administrative
 24. Which of the following best describes the hours you usually work in this job? (<i>Mark an X for the single best answer</i>) Regular daytime shift Regular evening shift Cher Regular night shift 	LVN-Operating RoomCNA-OtherLVN-AdministrativeNurse PractitionerLVN-OtherPhysicianRN-General/SpecialtyRespiratory TherapistRN-Operating RoomOccupational TherapistRN-AdministrativePhysical TherapistRN-OtherPhysician's Assistant
25. While working at this job, indicate how often, on average, you handled or were exposed to any of the following products? (Select the single best answer for each item)	□ CNA-General/Specialty □ Other (Specify) □ CNA-Operating Room ↓
At least At least once a once a month week Never Disinfectants/sterilants	27.1 IF WORKING AS GENERAL/ SPECIALTY RN/LVN/CNA, which of these best fits your workplace? ☐ Floor-ICU ☐ Floor-Non Surgical ☐ Floor-Surgical ☐ Endoscopy/Bronchoscopy ☐ Special Infusion/Injection ☐ Other (Specify) ↓

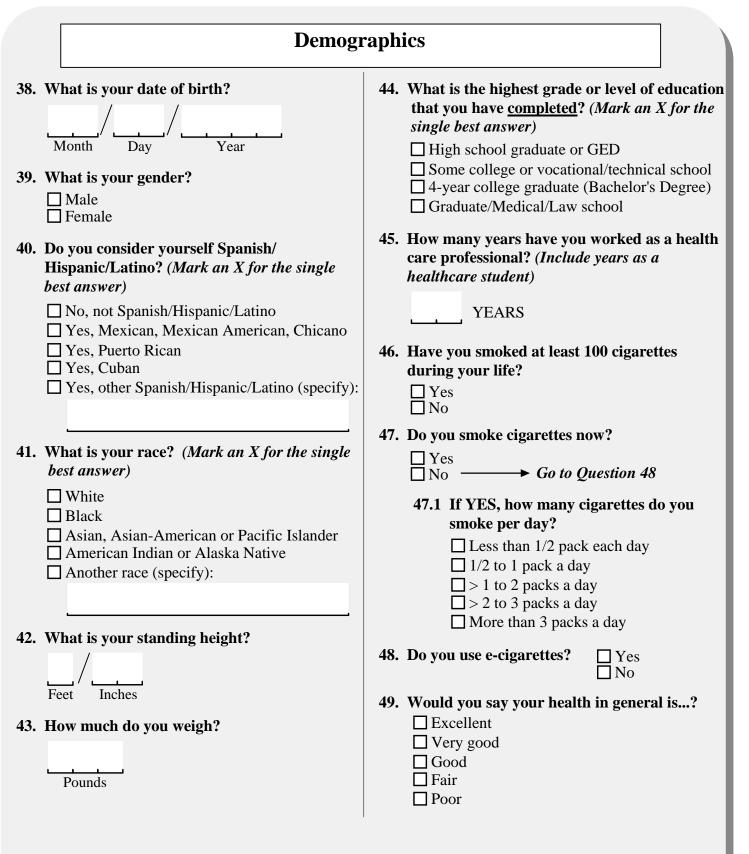


Jobs (continued)

Questions 36 asks you about jobs that you have EVER had

36. Think about <u>all of the jobs</u> you have ever had. To the best of your knowledge have you ever used or been in contact with any of the following materials at least <u>once a week</u>? (*Indicate Yes or No for each one*)

Yes No Bleach Cleaners/abrasives for room/counter top Cleaners/abrasives for restroom/toilets Detergents Disinfectants Floor strippers/wax/buffers Sprays	Yes No ☐ Glutaraldehyde (Cidex®) ☐ ortho-Phtalaldehyde (Cidex OPA®) ☐ Enzymatic cleaners ☐ Adhesives or glues ☐ Quaternary Ammonium Compounds (QACs/Quats) Yes No
Yes No Ammonia Pesticide Paints (acrylics, stains/varnishes) Tobacco smoke (including passive) Solvents (toluene, xylene, benzene, hexane, mineral spirits, paint thinners) Solvent for copiers or printers Toner for copiers or printers Talc 	Image: Anomalic and the second structure Image: Anomali and the second structure
Accidental Chemical/Powe <i>Questions 37 asks you about exposure to an accidented</i>	-
37. Were you ever involved in an accidental chemica spill or gas release?	I ☐ Yes ☐ No ☐ Don't Know → Go to Next Page
37.1 Did this accidental chemical spill or ☐ Yes gas release occur at work? (<i>Mark an X</i> ☐ No for the single best answer)	37.3 Did you have to receive medical attention because of this accident? (<i>Mark an X for the single best answer</i>)
 37.2 In the first 24 hours following this accident, did you experience any of the following symptoms? (<i>Indicate Yes or No for each symptom</i>) Yes No Wheezing Shortness of breath Cough Chest tightness 	



Thank you for completing this survey. Please return this survey in the envelope provided to: PO Box 20186 Houston, Texas 77225-9901