

CORONAVIRUS (COVID-19)

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WHAT IS CORONAVIRUS (COVID-19)?

COVID-19 most often causes respiratory symptoms that can feel much like a cold, the flu, or pneumonia. COVID-19 may attack more than your lungs and respiratory system.



2

HOW IS COVID-19 TRANSMITTED?

COVID-19 spreads from person-to-person when an infected person breathes out particles that contain the virus or contaminate surfaces they touch. Others can breathe these particles or land on their eyes, noses, and mouth.



3

WHAT ARE COVID-19 SYMPTOMS?

The most common symptoms include fever, dry cough, tiredness, aches, pains, sore throat, loss of taste or smell, headache, and diarrhea. More severe symptoms include difficulty breathing or shortness of breath.



4

HOW IS COVID-19 DIAGNOSED?

At-home self-tests, antigen, and PCR tests are available in pharmacies, clinics, and testing centers, usually via nasal swabs.



5

HOW IS COVID-19 TREATED?

Most people infected with COVID-19 have mild symptoms treatable at home with over-the-counter medicine such as acetaminophen (Tylenol) or ibuprofen (Motrin, Advil). People with preexisting health conditions or considered high-risk can obtain treatment that can reduce the chances of being hospitalized.



6

HOW TO PREVENT COVID-19?

Following the recommended prevention steps and getting vaccinated (2 dose series plus booster(s)). Social distancing and mask-wearing in public settings when there are high number of cases in your community or around people who are sick.



THE IMPORTANCE OF KNOWING MORE

Learn more about Covid-19




UTHealth

The University of Texas
Health Science Center at Houston

School of Public Health

Southwest Center for Occupational
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